



## 5.1.3 Details of Capacity Development and Skill Enhancement Activities 2019 – 2020

### 1. Soft Skills

*(Click on the Programme name to view the report)*

Sl. No.	Name of the capability enhancement programme	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
1.	Soft skills - Workshop on Grooming & Personality Development	23-07-2019	187	Mr. Aseem, Sales Manager, Gillette
2.	Soft skills - Leadership Development Programme & Attitudinal Workshop	06-08-2019	93	Prof. Antony Williams, Zeal Institute, Bengaluru



# Kristu Jayanti College

**AUTONOMOUS**

**Bengaluru**

Reaccredited 'A' Grade by NAAC | Affiliated to Bengaluru North University

**School of Management**

## **WORKSHOP ON GROOMING**

**July 23, 2019**

**Mr. Azeem**

**Sales Manager**

**Gillette**

**Mini Auditorium**

|

**11:00 a.m.**





Kristu Jayanti College

AUTONOMOUS Bengaluru  
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## SCHOOL OF MANAGEMENT

### Workshop on Grooming and Personality Development

**Date:** 23-07-2019

**Number of beneficiaries:** 187

**Resource Persons with details:** Mr. Azeem, Sales Manager, Gillette.

**Brief write up on the programme:**

School of Management, Kristu Jayanti College organised a workshop on grooming and personality development by Gillette for 2<sup>nd</sup> year MBA students on 23<sup>rd</sup> July 2019. The resource person was Mr. Azeem, Sales Manager, Gillette. The session enriched the students with the importance of grooming in the corporate world.

He mainly spoke about the A.B.C principles of grooming in which 'A' stands for appearance, 'B' stands for body language and 'C' stands for communication. He also spoke about how you have to carry yourself and create an impression that will help us to connect with the corporate world. He also said that a person is judged in the first 7 seconds according to the way a person carry themselves In front of the panel.

Mr. Azeem also then enlightened the students with the do's and don'ts of grooming with apt examples. He spoke about the A.B.C principles in detail and rekindled us with the importance of all the three aspects of grooming. All the students were given participation certificate and Gillette kit for attending the one day workshop on grooming.

They also offered a seat for one of the students from MBA to do an internship and which could lead to a pre-placement. They had set up a booth outside the MBA block to show the right way of grooming and a free trial of Gillette guard, and also provided goodies for the boys. Finally the session was opened for Q&A where the students could clear all their doubts about how to create the first impression.



**Mr. Azeem delivering the talk**



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**SCHOOL OF MANAGEMENT**  
**Report on Workshop on Grooming and Personality Development**  
**23<sup>rd</sup> July 2019**  
**List of Participants**

Sl. No	Registration Number	Full Name	Attendance
1	18MG501001	AARON SURESH JAMES	✓
2	18MG501002	ABDUL HANNAN AHMED	✓
3	18MG501003	ABHILASHA TIWARI	✓
4	18MG501004	ADAMON MOHAMED KAFYL AKINTOUDE	✓
5	18MG501005	AKHIL ANTONY	✓
6	18MG501006	AKHIL WILFRED	✓
7	18MG501007	ALANT SEBASTIAN	✓
8	18MG501008	ALEENA JOSEPH	✓
9	18MG501009	ALEN J MUTHUTHAVALAM	✓
10	18MG501010	AMAL ANTO	✓
11	18MG501011	AMETHY R	✓
12	18MG501012	ANAS ALI S	✓
13	18MG501013	ANJANA ANN SAJI	✓
14	18MG501014	ANNAERINE BRIDJET MENDEZ	✓
15	18MG501015	ANTONY ANTO	✓
16	18MG501016	ARDHRA A L	✓
17	18MG501017	ASHIK TOM	✓
18	18MG501018	ATHULYA JOSE	✓
19	18MG501019	AVEENA GEORGE	✓
20	18MG501020	BEULAH PRIYANKA	✓
21	18MG501021	BIBIN SAJI	✓
22	18MG501022	CELESTIN ANTO	✓
23	18MG501023	DARYL JOSE	✓

Sl. No	Registration Number	Full Name	Attendance
24	18MG501024	DEEPAK N	✓
25	18MG501025	DEMETRIUS JACOB EMMANUEL	✓
26	18MG501026	DIVYA ANNA THOMAS	✓
27	18MG501027	DONA MARY CHERIAN	✓
28	18MG501028	ELVIS MANI SAJU	✓
29	18MG501029	IRIN ROY	✓
30	18MG501030	JERRIN JOSE	✓
31	18MG501031	KAROLIN TOMY	✓
32	18MG501032	KAVITHA K	✓
33	18MG501033	KURIAN SEBY	✓
34	18MG501034	MELVIN CHACKO	✓
35	18MG501035	MUBEEN MUNEER M P	✓
36	18MG501037	NITIN PARERA	✓
37	18MG501038	PRARTHANA BORAH	✓
38	18MG501039	PRISTON SANJOAO NORONHA	✓
39	18MG501040	PRITHVI S	✓
40	18MG501041	REHANNA REGI	✓
41	18MG501042	RINTU V ABRAHAM	✓
42	18MG501043	RIYA MARY REJI	✓
43	18MG501044	RIYA ROSE PAUL	✓
44	18MG501045	RONY LOUIS	✓
45	18MG501046	SABA PARWEEN	✓
46	18MG501048	SANTHOSH KUMAR R	✓
47	18MG501049	SHASHANK AGARWAL	✓
48	18MG501050	SHAZIYA ABBAS	✓
49	18MG501051	SHRUTHI SOMASUNDAR	✓
50	18MG501052	SUSANNA IYPE	✓
51	18MG501053	SWASTIKA GHOSH	✓
52	18MG501054	TOM VARGHESE	✓

Sl. No	Registration Number	Full Name	Attendance
53	18MG501055	V ELIZA	✓
54	18MG502056	AASHY MATHAN	✓
55	18MG502057	AISHWARYA BALARAMAN	✓
56	18MG502058	AJO JOHNSON	✓
57	18MG502059	ALAN CHARLY	✓
58	18MG502060	ANAMIKA ROYCHEN	✓
59	18MG502061	ANISHA MARIAM MATHEW	✓
60	18MG502062	ANJALY SANTY	✓
61	18MG502063	ANNU MARIA SHEEN	✓
62	18MG502064	ANSY ABRAHAM	✓
63	18MG502065	ANUP KUMAR MATHEW	✓
64	18MG502066	ARUN ROBY	✓
65	18MG502067	BENJAMIN LAZAR	✓
66	18MG502068	CHAITHANYA K	✓
67	18MG502069	CLINTON ANCHERY	✓
68	18MG502070	DAINE VARGHESE	✓
69	18MG502071	DONALD JAMES	✓
70	18MG502072	EZRA JAYAN DANTE V	✓
71	18MG502073	FERDINAND M MARWEIN	✓
72	18MG502074	GODWIN PAUL B	✓
73	18MG502075	GREEMA PRAKASH	✓
74	18MG502076	JESWIN KURUVILA	✓
75	18MG502077	JINO YOHANNAN	✓
76	18MG502078	JOEL ABISHAI PAUL	✓
77	18MG502079	JOEL SOVICHEN CHENNATTUSSERRY	✓
78	18MG502080	KEERTHISH S	✓
79	18MG502081	KRISHNA AMIT MAJITHIA	✓
80	18MG502082	KUMAR ABHISHEK	✓
81	18MG502083	MAMTHA SHREE R	✓

Sl. No	Registration Number	Full Name	Attendance
82	18MG502084	MEGHA SHAJU	✓
83	18MG502085	MICHAEL JOHN SANTHOSH	✓
84	18MG502086	MOHAMMED FARHAD I	✓
85	18MG502087	MOHAMMED FAZAL ABDUL MAJEED	✓
86	18MG502088	NANCY A	✓
87	18MG502089	NAVEEN JOJY CHERRY	✓
88	18MG502090	NOAH MOSES B	✓
89	18MG502091	PRAKASH SINGH	✓
90	18MG502092	RACHANA PRADEEP P	✓
91	18MG502093	RAHUL M	✓
92	18MG502094	RAKSHITA PRAGYA	✓
93	18MG502095	RIYA NELSON	✓
94	18MG502096	RIYA K RENNY	✓
95	18MG502097	ROHIT GEOGY	✓
96	18MG502098	SACHIN K S	✓
97	18MG502099	SAJU AUGUSTINE	✓
98	18MG502100	SANDRA WILSON	✓
99	18MG502101	SANJAY S	✓
100	18MG502102	SELVIN GEORGES ALEX	✓
101	18MG502103	SHALU SANTOSH	✓
102	18MG502104	SHERIN SUSANA JACOB	✓
103	18MG502105	SHERYL JACOB	✓
104	18MG502106	SHINCE THOMAS	✓
105	18MG502107	SMERA MARY SAM	✓
106	18MG502108	SNEHA SHAJI	✓
107	18MG502109	SRUTHY E R	✓
108	18MG502110	VISHAL PRAKASH	✓
109	18MG502111	VISMAYA B NAIR	✓
110	18MG503112	ABDUL SHAHIL	✓



Sl. No	Registration Number	Full Name	Attendance
111	18MG503113	ABHISHEK S GUDI	✓
112	18MG503114	AKASH R	✓
113	18MG503116	BHARATHKUMAR M	✓
114	18MG503117	BHAVYA N	✓
115	18MG503118	CHETHANA S	✓
116	18MG503119	CHETHANA Y M	✓
117	18MG503120	DEEPA SIDDESHAPATILA	✓
118	18MG503121	DILIP KUMAR R	✓
119	18MG503122	E YOGESWARAN	✓
120	18MG503123	GOKUL M D	✓
121	18MG503124	HARSHITHKUMAR N	✓
122	18MG503125	HIMAJA K	✓
123	18MG503126	KAILASH T S	✓
124	18MG503127	KALYAN CH	✓
125	18MG503128	KAVITHA K R	✓
126	18MG503129	KAVITHA L	✓
127	18MG503130	KAVYA A	✓
128	18MG503131	KUMARESH S	✓
129	18MG503132	LAKSHMIPATHI N	✓
130	18MG503133	LAVANYA M	✓
131	18MG503134	MADAN M	✓
132	18MG503135	MANASA J	✓
133	18MG503136	MANJUNATH A	✓
134	18MG503137	MANOJ S	✓
135	18MG503138	MD HUZAIFA MADNI	✓
136	18MG503139	MELBI ANTONY	✓
137	18MG503140	NAGARAJ CHANNABASAPPA DIDDI	✓
138	18MG503141	NANDEESH H M	✓
139	18MG503142	NAVEEN KUMAR R	✓

Sl. No	Registration Number	Full Name	Attendance
140	18MG503143	NIKHIL S	✓
141	18MG503144	NIKHIL KUMAR G	✓
142	18MG503145	NIKITA R	✓
143	18MG503146	PATIL PRATIKSHA SUBHASH	✓
144	18MG503147	PAVAN C	✓
145	18MG503148	PAVITRA	✓
146	18MG503149	PHILSON JOSEPH	✓
147	18MG503150	POOJA	✓
148	18MG503151	PRAMOD GOWDA B	✓
149	18MG503152	PRASHANTH K	✓
150	18MG503153	PRAVEEN KUMAR L	✓
151	18MG503154	PREETH REBECCA JOSE	✓
152	18MG503155	PREETHI S	✓
153	18MG503156	QURAT UL AIN	✓
154	18MG503157	RACHANA KUMARI	✓
155	18MG503158	RAKESH M	✓
156	18MG503159	RAKSHIT K S	✓
157	18MG503161	RAMYA P	✓
158	18MG503162	RAMYA J	✓
159	18MG503163	RASHMI JOSEPH	✓
160	18MG503164	REENE DELPHINA S	✓
161	18MG503165	RESHMA PARVEEN	✓
162	18MG503166	RINJU JOY	✓
163	18MG503167	ROSHAN RAJ R	✓
164	18MG503168	ROSHITH KRISHNAN	✓
165	18MG503169	S P SHINE RAJ	✓
166	18MG503170	SANDEEPA GOWDA C M	✓
167	18MG503171	SANDHYARANI G	✓
168	18MG503172	SATISH B KUSUGUR	✓

Sl. No	Registration Number	Full Name	Attendance
169	18MG503173	SHASHANK S R	✓
170	18MG503174	SHIVAKUMAR KHANNUR	✓
171	18MG503175	SHIVRAJ B N	✓
172	18MG503176	SHUBAEL SHANE S	✓
173	18MG503177	SIDDALINGESHA B GURIKARA	✓
174	18MG503178	SWATHI ROOPA SHREE	✓
175	18MG503179	T PRAVEEN KUMAR	✓
176	18MG503180	TEJESHWINI L	✓
177	18MG503181	TILSON GLANNY D SOUZA	✓
178	18MG503182	UDAYACHANDRA B	✓
179	18MG503183	UMESH MAHADEVAPPA	✓
180	18MG503185	VIDYA SAGAR D	✓
181	18MG503186	VINAYKUMAR C R	✓
182	18MG503187	VISHNU PRASAD K	✓
183	18MG503188	VISHWANATHA S	✓
184	18MG503189	VISHWAS V AKKI	✓
185	18MG503190	JOE JOSE	✓
186	18MG503191	SRUTHI RAMESH THAVATH	✓
187	18MG503192	YAMUNA P S	✓

Head of the Department

PRINCIPAL

**Kristu Jayanti College Autonomous**  
**K. Narayanapura, Kothanur PO**  
**Bengaluru - 560077**





# Kristu Jayanti College

**AUTONOMOUS** Bengaluru

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**SCHOOL OF MANAGEMENT**

**Workshop on Grooming & Personality Development**

## **Participation Certificate**

This is to certify that **PRITHVI S (18MG501040)** has participated in the **Workshop on Grooming & Personality Development** organized by the **School of Management**, Kristu Jayanti College (Autonomous), Bengaluru on **23-07-2019**.

**Dr. Aloysius Edward J**

Dean, Faculty of Commerce and Mangement

**Fr. Josekutty PD**

Principal



**Kristu Jayanti College**

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**School of Management**

**Leadership Development Programme**

**August 05 & 08, 2019**



**Prof. Anthony Williams**

Life Coach

Founder & Director

Zeal Institute, Bengaluru

**Conference Hall I | 09:00 a.m.**



# Kristu Jayanti College

AUTONOMOUS Bengaluru

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## SCHOOL OF MANAGEMENT

### Leadership Development Programme (Attitudinal Workshop)

**Date:** 05-08-2019 and 08-08-2019

**Classes attended & number of beneficiaries:** I Year MBA - 93 students

**Name of resource person with details:** Mr Anthony Williams, Life Coach, Director, Zeal Institute, Bangalore

**Objective:** To explore the inner strengths of the students and enhance their leadership and communication skills.

#### Brief write up on the programme:

The workshop was held from 6<sup>th</sup> to 9<sup>th</sup> August 2019, two days each for section A and B. It focused on 'Soft Skills' and was conducted by Mr Anthony Williams, Life Coach and Specialist in Attitude Development, Director of Zeal Institute for Training and Counselling. Mr Anthony Williams emphasised on the fact to explore the vital resources of life, to have a definite purpose in life and to break limiting patterns of thoughts, beliefs, behaviour and habits. He urged students to recognise life values to integrate personal, family and professional life.

On the first day, students were divided into groups and the group members had to share their life story to bring out and convince each other their emotions, tone of speaking and clarity of speaking. Each team had to score among themselves and the person getting the highest score from all the teams gets the opportunity to share their story with the whole class and certificates were given to the winners. He said that training empowers people to realize their dreams and improves their lives and laid emphasis on the Five Primary Human Needs that is certainty, growth and change, connection and love, significance, contribution. These needs made them realise how growth and development of people is the highest call for leadership. He also said that they need to change their belief system because beliefs have the power to create and destroy.

On the second day, we were given two tasks, one task was to choose any topic they wanted which is demonstrative, logical and has an impact. The second task was to share their stories and convince the people in the group. He also taught them on how to master their emotions. He also taught them on effective communication skills that they should clarify ideas before speaking, contents must be correctly, briefly and accurately conveyed, good body language and facial expressions. He focused on human beliefs, passion and aspirations.



**Mr Anthony Williams addressing the gathering**



# Kristu Jayanti College

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## SCHOOL OF MANAGEMENT Leadership Development Programme

Date: 05-08-2019 and 08-08-2019

### List of Participants

Sl. No	Registration Number	Full Name	Attendance
1	19MG701101	ABBAS SHARIFF	✓
2	19MG701102	ABHISHEK	✓
3	19MG501001	ABIN BENNY	✓
4	19MG501002	ABIN K TOMY	✓
5	19MG701103	ADARSH JOSE	✓
6	19MG701104	AJAY S	✓
7	19MG801101	AKSHATHA N	✓
8	19MG801102	AKSHAY SIMON PAUL	✓
9	19MG901101	AKSHAYA S	✓
10	19MG502049	ALISON BABU	✓
11	19MG502050	AMAR RAGHUNATH	✓
12	19MG701105	ANJANA MOHANDAS	✓
13	19MG502051	ANNREETA THOMAS	✓
14	19MG701141	ANU SARAH KURIAN	✓
15	19MG701106	ANUPAMA V K	✓
16	19MG701107	ARCHANA B	✓
17	19MG701108	ARCHANA VIJI THOMSON	✓
18	19MG501004	ASHWINI NATHASHA S	✓
19	19MG701109	ATHIRA N R	✓
20	19MG701110	CHANDAN M	✓
21	19MG801103	CHANDAN V P	✓



Sl. No	Registration Number	Full Name	Attendance
22	19MG502052	CHANDINI R	✓
23	19MG502053	CYNTHIA EUNICE BHASKER	✓
24	19MG701111	DAMINI SINGH V S	✓
25	19MG501007	DEEPAK MATHEW	✓
26	19MG501008	DENNIS KURIAN	✓
27	19MG502054	DEVIKA C	✓
28	19MG501010	ELIZABATH RONY	✓
29	19MG701112	ESTHER ELIZABETH ABRAHAM	✓
30	19MG701113	FAZBIA P M	✓
31	19MG701114	FEBIN JACOB MATHEW	✓
32	19MG502055	GUNJAN NEOG	✓
33	19MG901102	H LALDINPUII	✓
34	19MG502056	HANNA EVELIN SUNNY	✓
35	19MG502057	HAREESH P	✓
36	19MG502058	HARSH VARDHAN	✓
37	19MG701115	HITHESH PHILLIPHS	✓
38	19MG502059	IBAPYNBIANG DKHAR	✓
39	19MG502060	JACOB SUBHASH	✓
40	19MG501012	JADE FELICIA MICHELLE ANTONIO	✓
41	19MG501013	JEBIN R	✓
42	19MG502061	JEFIN SEBASTIAN	✓
43	19MG701140	JEROME IGNATIUS A RAJ	✓
44	19MG501015	JIBIN JOSE	✓
45	19MG701116	JIBIN JOHN	✓
46	19MG501016	JINCY TESS MATHEW	✓
47	19MG502062	JISMON TOMY	✓
48	19MG502063	JOANNA JOHN SELVARAJ	✓
49	19MG502096	JOEL D VARGHESE	✓
50	19MG502064	JOFIN JOSE	✓
51	19MG701117	JOHNSON JOSEPH	✓

Sl. No	Registration Number	Full Name	Attendance
52	19MG701118	JOHNY BABY	✓
53	19MG501017	JOJIN GEORGE	✓
54	19MG701119	JOSEPH ANTONY MOOLECHERRY	✓
55	19MG502065	JOSHUA GEORGE THAMPY	✓
56	19MG502066	JOSHUA J JACOB	✓
57	19MG501019	JUBI BENNY	✓
58	19MG502067	JUSTIN MATHEW	✓
59	19MG502068	JUSTUS THOMAS	✓
60	19MG701120	KANCHAN BERWAL	✓
61	19MG701121	KARTHICK	✓
62	19MG502069	KEVIN RONALDO M A	✓
63	19MG502070	KRIPA JOHNY	✓
64	19MG701122	LIDIYA T D	✓
65	19MG501020	LIJO LONAPPAN	✓
66	19MG701142	MANASA D	✓
67	19MG501021	MARIA MATHEW	✓
68	19MG701123	MARIA ISRAEL SATHYAN	✓
69	19MG501022	MELVIN JAMES	✓
70	19MG502071	MELVIN V ZACHARIAH	✓
71	19MG801104	MERCY JACQULINE SAMUEL JOHN	✓
72	19MG501023	MERLIN MATHEW	✓
73	19MG701124	MIJIN MANOJ GEORGE	✓
74	19MG502072	MOHAMMED AFSAL	✓
75	19MG701125	MOHANA PRIYA S	✓
76	19MG501025	MOHIN THOMAS	✓
77	19MG502073	MUHAMMED HUSSAIN	✓
78	19MG801105	MURUGAN G	✓
79	19MG502074	NAMITHA MARIAM JOSE	✓
80	19MG501027	NANDEESH REDDY C	✓
81	19MG501097	NELCY M JOHN	✓

Sl. No	Registration Number	Full Name	Attendance
82	19MG501028	NIKHIL THOMAS	✓
83	19MG701126	NIKHIL P C	✓
84	19MG701127	NITIKA ARORA	✓
85	19MG502075	NIVIN JOSE PAUL	✓
86	19MG701128	PARVATHI NAIR	✓
87	19MG501029	PARVATHY K	✓
88	19MG501030	PATIL SAI PRANEETHA	✓
89	19MG502076	PINTO OLIVIA BERNARD	✓
90	19MG501031	PRAHATHEESWARAN S	✓
91	19MG502077	PRANIT N KUMAR	✓
92	19MG501032	PRINCE JOSEPH BINOY	✓
93	19MG502078	RAHUL JOHN	✓

Head of the Department



  
**PRINCIPAL**  
**Kristu Jayanti College Autonomous**  
**K. Narayanapura, Kothanur PO**  
**Bengaluru - 560077**



# Kristu Jayanti College

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**SCHOOL OF MANAGEMENT**

**Leadership Development Programme & Attitudinal Workshop**

## Participation Certificate

This is to certify that **ANNREETA THOMAS (19MG502051)** has participated in the **Leadership Development Programme & Attitudinal Workshop** organized by the **School of Management**, Kristu Jayanti College (Autonomous), Bengaluru on **05-08-2019**.

**Dr. Aloysius Edward J**

Dean, Faculty of Commerce and Mangement

**Fr. Josekutty PD**

Principal