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AND ARTICLE TO THE MENT

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Taste of **Bangalore**

Pamper yout taste buds with Bangalore Street food

DARE TO DREAM!

Getting candid with the Fashion Icon – Mr IndiaWorld 2016 shnu Raj S Menon

REAL MES

ISO Speed : 200 Shutter Speed:1 /1000 Sec F.no :F/2.8

Photo Credits :Besty Joy

ISO Speed : 6400 Shutter Speed:1 /8 Sec F.no :F/3.5

Faces Behind The Work...

Photo

edits :Besty Joy





interior design is important due to the aesthetic value it posses in a given space. The simple fact is that having a house that looks nicer is going to make you like it better and that makes design important. Interior design increases the value of a house/project.



ECONTENTS

04 Streets of Bangalore

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- Taste of Bangalore
- Candid with Mr India
- Fashion
- Health
- Interior Design

















THE STREETS OF BANGALORE

The lively sights, sounds and smell of the city make these shopping destinations one of a kind. Colours of joy, all present in one. Give yourself a treat of authentic jewellery and clothing only at Shivaji Nagar.

> ISO :800 Shutter speed: 1/60 sec F.No:f/13



ISO-400 Aperture-f/5 Shutter Speed-1/

> Inclusion of fruits and vegetables in everyday basis is a desired way of leading a healthy and active life. Pamper your body with several munches of fresh and healthy veggies!



Everyday binge of nuts power packed with nutrients and vtamins along with a subtle care of tender cocnut water to your skin and body is the best combination to give your health an immediate boost.

Health

munch

of

ISO-400 Aperture-f/5 Shutter Speed-1/80

PIXEL 17



Stay fit with Cross Fit

CrossFit is a strength and conditioning system built on constantly varied, if not randomized, functional movements executed at high intensity.



These natural, primal, movements influence the exercises included in CrossFit's workouts. We use the term "functional" to describe the exercises utilizing movements most representative of natural movement.





PIXEL 16

appiness discards no one! The heartfelt laughter can cheer up your day with pocket friendly and farm fresh veggies

THE STREETS OF **BANGALORE**



ISO :640 Shutter speed: 1/80 sec F.No:f/4.5

Kids or Adults, Shivaji Nagar makes sure to magnetize all age groups. The streets flooded with people gives a refreshing halt to minds with these tiny little recreational toys.

ISO :800 Shutter speed: 1/60 sec F.No:f/13

Photo Crediit Sruthi M



PIXEL 6

Fashion is always considered the important part of our life. It has been following from the ancient time, as time passed by, the fashion trends changed.



SEPTEMBER 23, 20

With increasing exposure of the Indian subcontinent to the Western world, the merging of women's clothing styles is inevitable. ... The clothing of the quintessential Indo-Western ensemble is the trouser suit, which is a short kurta with straight pants and a dupatta Among the youth, there appears to be an enthusiastic approach to combining traditional clothes with a western touch.[5] With increasing exposure of the Indian subcontinent to the Western world, the merging of women's clothing styles is inevitable. Many Indian and Pakistani women residing in the West still prefer to wear traditional salwar kameez and sarees; however, some women, particularly those of the younger generation, choose Indo-Western clothing.





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PIXEL 14

ISO :100 Shutter speed: 1/30sec F.No:f/8

Bangalore, a city bustling with affordable eateries and stalls.Street foods are more tasty and reasonable rates to enjoy with family and friends.more best than branded hotels and restaurants.

AN IN AN INVITE

ISO :800 Shutter speed: 1/80 sec F.No:f/13 .800

Photo Crediit Sruthi M

Bangalore is a haven for foodies with numerous restaurants and eateries scattered all over the city.

ISO :100 Shutter speed: 1/30 sec F.No:f/11

Photo Crediit Meena R



ISO :400 Shutter speed: 1/80 sec F.No:f/5.6

Photo Crediit Besty Joy

Silicon Valley and the hub of IT in India, Bangalore is a city of people, colors, and culture. It is also the city of sumptuous and mouth-watering delicacies.

FASHION

Trends are in essence very complex mechanisms that mirror changes in the economic and political landscapes. Fashion itself is a reflection of social, economic, political and cultural changes. It expresses modernity, symbolising the spirit of the times. In crude terms fashion is a style of living. There are aristocratic fashions, film-style fashions, peasant class fashions and a kind of fashion known as maverick fashion. Naturally it is related to dress and manners. But manners imply something deeper than fashions. Because fashion is comparatively superficial, and changes with the winds of change in certain races and people.

ISO: 200 Shutter Speed:1/200nsec F.no: F/4.8



Bikes!

It's a huge name to carry and I hope I stand up to everyone's expectations. I cannot explain the pride I feel in being called as the Fashion Icon. It is very difficult to achieve this name and I hope to do complete justice to it.

50-50 without hardwork your laziness grows, which I can't afford in my routine. Without smart work you lose a lot of your time, which too is very precious.

Gym, Food and Bike

To win an Oscar and therefore I will try and give my all in every project of mine.

Two things that my heart really goes out for, The children of our country who are left homeless and a few diseases that make people to suffer to such an extent where death feels better. I have seen both and I am doing whatever I can, to help them.

As I mentioned, everything is a result of how you handle situations. Mr. India is a huge platform that has given me so much, including a small name in the industry. Along with the title and my dedication, I can say I haven't been through any of this.

My hearty gratitude to all of you for your love and support. Be yourself, do not forget your uniqueness to be someone else. If you don't treasure yourself, no body else will. Deam with no limits and also work for it limitless! I hope I always stand by your expectations and love.

/ /

If you don't treasure yourself, no body else will. Deam with no limits and also work for it limitless!





sec

ISO :800 Shutter speed: 1/15 sec F.No:f/4.5

Photo Crediit Ravisha Issar

Ther is no other love than love for food.bangalore streets with crunchty spicy food.people enjoy thse tangy pep[ary juicy feast heavenly.



DARE TO

Ravisha Issar

A wish made from true heart comes true. The live example of the same is a boy dwelling from God's Own Country – Kerala. Born in Chembuthara, he claims his childhood to be the most happiest moments of life. Good in Academics and being an all rounder he chose to drift away from the usual norms of the society, and followed his heart and has set and example for youth to Dare to Dream!

Getting candid with the Fashion Icon – Mr IndiaWorld 2016 – Vishnu Raj S Menon

In today's world we get to see corruption and biasing in every industry we have known. What matters is your stand to what happens around you. People are more aware of their responsibilities and rights and take their voice against anything they find wrong.

According to me, instead of being the audience for such bias, we need to support and stand with those who rise for the betterment of any industry for that matter. This will ensure growth!

Since the day where I could understand I have the sense to think of an ideal career for me, the only things

that have come to my mind is To win Mr. India title and To win an Oscar. Moving in to Bangalore I realized that I need to work harder and get a platform to show my caliber. Then I thought what's better than fulfilling my dream. Mr. India is not a thought that randomly generated in my mind. I have always yearned to be one and planned and prepared for it.

The experience is something that words can't describe. I had prepared myself for peagent. After the competition started I realized that only preparation was not enough. The journey made me feel the importance of every moment that I had put in to improve myself. We were out through some



competitions. But what I felt was the motive of competition is not just what it looks it's more than mesmerized with the kind that, and this is one among many things what I have learnt, every day was a new learning, a new beginning, and Thanks to all my fellow contestants too. We all came with dreams, with different but unique personality and everyone has something to teach me. This made my journey more beautiful.

Lifestyle is starting to be what I have aimed for. People started recognizing

me, following me and showering so much of love on me. Sometimes I just stay of support and love that I get. I go to an event and I hear the crowd calling my name – that feeling makes me want to give my best in everything and work even harder.

My next big aspiration is to be a good actor.

I have started my preparations and along with my hardwork and all your support and prayers I hope to make this dream too a reality.

Stardom is still new and I am still adjusting to it. I stay like the Vishnu who goes Gymming, diets, who hangs around with friends, give account of every penny spent to my parents. Life has changed a lot but few things that you do, close to you, remains untouched. So pretty much I don't think there is anything to miss.

Success, First I would say, get to know yourself and what you want. Once you make the decision then it's a waste of time to rethink about it always. Once you know you aim, plan, work hard and smart. See how you can reach your goal and give your best shot. There is no compromise when it comes to working in achieving your dream. Your passion will drive you forward.

Sometimes it gets a little difficult. When you are working and there is a function at home. You miss those big family get togethers, but yeah when I take an off and go home I make sure I cover up all that I have missed.

The most important thing I would say is my parent's support. There have been times where I did not even know if I would stand on my feet again but their hopes and love towards me keeps my hopes alive!

My first ramp walk. It really made me feel that this is where I belong to. After that I started with small shows but only to grow. One that really gave me a mark was 'Unlimited Model Hunt'. Through that I learnt a lot and made my will stronger.

You are what you make of yourself. You can either sit back over failure and cry or learn and get up to succeed. And your humbleness is what defines you as a human. Never trade your humbleness for anything in life.





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