



International Lecture on Value Informed Social Work Practice



Riya Shaji Mathew

Social work is a profession dedicated to promoting social change and development, and empowering individuals, families, and communities to enhance their well-being. It involves interventions that support individuals facing personal, social, and environmental challenges, guiding them toward self-sufficiency and empowerment. Social workers are trained professionals who engage in a holistic approach to support clients and advocate for social justice. They undertake a variety of roles, such as providing direct services, facilitating community development, conducting assessments, advocating for policy changes, and supporting clients in overcoming challenges related to poverty, mental health, and domestic issues. In New Zealand, social workers perform a similar range of roles but within a unique cultural and legal framework.

To understand the practice of Value-informed Social Work, the Department of Social Work organised an International Lecture on the same, for the MSW students, belonging to Kristu Jayanti College Autonomous. The lecture provided students with a comprehensive understanding of social work in New Zealand, particularly its cultural dimensions and ethical frameworks. Students gained insight into the significance of biculturalism, the Treaty of Waitangi, and Māori values (the indigenous natives) in social work practice. They also explored the diverse fields of practice and international opportunities, enriching their knowledge of global social work contexts. Students found the lecture to be highly informative and relevant, especially in terms of integrating cultural values like biculturalism into social work practice and appreciated Dr. Glubb-Smith's engaging delivery and practical examples.

National Seminar on Technology in Social Work Practice

Reeya Devi

The National Seminar on Technology in Social Work Practice, held on January 11, 2025, by the Department of Social Work, brought together academics, practitioners, and students to explore how digital advancements are shaping the future of social work. With over 90 participants, the event provided a space for discussions on the role of technology in social interventions, ethical considerations, and the ways digital tools can bridge service gaps.

The seminar opened with a warm welcome, followed by an insightful keynote address from Mr. Adarsh Natarajan, CEO of Aindra Systems, who emphasized the power of deep technology in making healthcare more accessible. Throughout the day, expert speakers from Mahiti Infotech and NIMHANS led engaging sessions on topics such as community development, responsible social media use, tele-counseling, and suicide prevention. Participants gained valuable insights into how



digital tools, ranging from IVRS and MIS systems to AI-driven mental health interventions, are revolutionizing social work. Discussions emphasized both the opportunities and challenges of integrating technology into social

services. Speakers highlighted the importance of human-centered approaches, ensuring that technology enhances rather than replaces personal connections in social work.

J-Gate Workshop: Enhancing Research Skills for Social Work Students



Heera S. Xavier

The Department of Social Work organized an insightful workshop on January 30, 2025, to enhance the research skills

of final-year social work students. The session, attended by 55 students, was led by Mr. Ratish Iyer, Manager, Training

and Business Development at Informatics Publishing Limited, Bangalore.

The primary objective of the workshop was to equip students with essential skills to effectively access and utilize J-Gate, a vast database of academic journals. The resource person provided an in-depth understanding of J-Gate's functionalities, search strategies, citation management, and methods for critically evaluating academic content. Students learned how to create a J-Gate profile, find specific authors, and access

scholarly literature efficiently. Mr. Iyer explained why J-Gate is a vital resource for academic research. He demonstrated how students could navigate the platform, personalize their research experience, and maximize access to scholarly resources.

This workshop proved highly beneficial, equipping students with essential research skills and fostering a deeper engagement with academic literature. By mastering J-Gate's features, students are now better prepared to undertake quality research, dissertations, and fieldwork reports.



YUGEN 2K25: A Celebration of Talent and Creativity

Monica Ann George

The 2nd-year MSW students of Department of Social Work organized YUGEN-2025, an Intra-Departmental Fest for the 1st-year MSW students, providing a vibrant platform to showcase their talents and creativity with events that would intrigue their academic, literary and artistic senses.

The fest featured eight diverse competitions, each designed to challenge and engage the students at different levels. The events included: Ventures of Vision (Social Entrepreneurship Pitch Competition), Uncharted Perspectives (Debate), Penning Perspectives (Essay Writing), The Infinite Quest (Quiz), Echoes of Understanding (Role Play), Seek the Hidden Wonders (Treasure Hunt), Freeze the Moment (Photography), and Beyond the Lens (Reel-Making). Enthusiastic

participation was witnessed across all events, with some students competing in multiple activities.

The competitions brought out the best in the participants, showcasing innovative business ideas, thought-provoking debates, compelling essays, impressive subject knowledge, and creative portrayals in role-play. The treasure hunt tested students' problem-solving skills, while photography and reel-making highlighted their artistic vision.

The fest concluded with a valedictory ceremony, where Dr. Jonas Richard A., Head, Department of Social Work applauded the efforts of the coordinators and participants. Winners of each competition were felicitated with trophies, recognizing their outstanding performances.

Role of Social Workers in Corporate Volunteering & Social Impact

Anagha Sajan



The Department of Social Work continues its tradition of engaging alumni to inspire current students through the Alumni Interaction Series. As part of this initiative, an insightful session on “The Role of Social Workers in Corporate Volunteering & Social Impact” was organized for 2nd year MSW students on January 24, 2025.

The session was conducted by Ms. Nimisha Mathew (Batch 2020-2022), currently a Senior Associate at Goodera.

Ms. Nimisha structured her talk into three key sections—understanding volunteering, corporate volunteering, and the role of social workers in corporate engagement. She also highlighted the significance of corporate volunteering in CSR projects and ESG programs. The interactive session concluded with an activity to demonstrate how as social workers, we could make a social impact in the community, through corporate volunteering.

The Hidden Struggles: Exploring Mental Health of Students

Balarihun Lynkhoi



The Department of Social Work organized a student-led seminar on “Mental Health of Students: Concerns and Solutions” on January 27, 2025. The seminar aimed to address common mental health challenges faced by students, such as stress, anxiety, and depression, along with its impact on academic performance and overall well-being.

The seminar featured eleven panelists who presented diverse perspectives on the topic. Ms. Ringchamsuiliu Pamei discussed the varying mental health experiences of rural and urban students. Ms. Roopashree S. highlighted the challenges faced by students with disabilities and first-generation learners, while Ms. Riya Shaji Mathew spoke

about the psychological strain on students preparing for competitive exams, with a case reference to Kota.

Further, Ms. Ritika Chourasiya elaborated on the negative influence of social media, while Ms. Kalpana G. stressed the need for a mental-health-friendly campus environment.

The importance of sleep hygiene was explained by Ms. Badhriya Ibrahim, and Ms. Greeshma Maria Mathew addressed the mental health impact of loneliness among students living away from home.

The event was well-received, with participants actively engaging in discussions and providing positive feedback about the relevance and effectiveness of the seminar.

Celebrating Diversity, Embracing Unity

Yugapriya C.

The Department of Social Work, Kristu Jayanti College, in collaboration with Maharshi Dayanand University, Haryana, successfully organized the Ek Bharat Shreshtha Bharat, a cultural exchange program on January 20, 2025. The event fostered national integration, cultural appreciation and academic collaboration through inspiring speeches and engaging performances.

The program featured esteemed dignitaries, including Chief Guest Prof. Niranjana Vanalli, Vice-Chancellor of Bengaluru North University, who emphasized the role of education in shaping future leaders. The evening commenced with an invocation, followed by an insightful address by Fr. Dr. Augustine George. The Honorary Address was delivered by Shri. C.N. Shridhar, KAS (Super Time Scale), Registrar of Bengaluru North University. Shri. Shridhar spoke about the evolving landscape of education and the significance of university-level collaboration in nurturing talent.

The cultural segment showcased the rich heritage of India through mesmerizing performances, including classical and contemporary dance, soulful musical renditions, a thought-provoking skit, and an entertaining mimicry act. These performances highlighted the diverse artistic talents of students while reinforcing themes of unity and tradition.

The event was a resounding success, promoting knowledge exchange, collaboration, and mutual respect. Participants gained valuable insights into India’s cultural diversity, strengthening bonds between institutions. The program left a lasting impact on all attendees, celebrating intellect, creativity, and national harmony.



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