



The Campus Courier



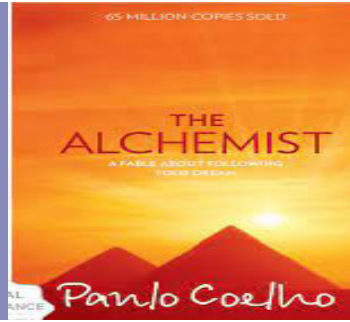
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From Humble Beginnings To Silver Jubilee: Journey Of Triumphant Kjc

Janet Larissa Varghese

Fr. Dr. Augustine George, three faculty members, and one undergraduate program in fostering solidarity

the pivotal role of the youth in shaping the nation's future. He expressed hope in the younger generation, stating that they are the country's bright future and bear the responsibility for its tomorrow.

various areas, including teaching, research, institutional responsibility, sustainability, student support, staff development, collaboration, and quality assurance.

Kristu Jayanti College, Autonomous, celebrated its Silver Jubilee, marking 25 years of remarkable growth and commitment to excellence on September 14, 2023. The inauguration ceremony was attended by distinguished dignitaries, including Shri KJ George, Minister for Energy, Government of Karnataka, Prof Niranjana Vanalli, Vice Chancellor, Bengaluru North University, and Fr Dr Abraham Vettiyankal, CMI, Provincial, St Joseph Province, Kottayam.



Chief Guest KJ George unveiling Silver Jubilee logo

The event commenced with an invocation song by the college choir, followed by a warm welcome address from

College. He shared the college's inspiring journey, emphasising its growth from humble beginnings in 1999 with just nine students,

to become an educational powerhouse with over 12,000 students, 600 faculty members, and 65+ programs. He talked about the role of

among all stakeholders. Shri KJ George, the Chief Guest and Minister for Energy, Karnataka, addressed the students, underlining

Prof Niranjana Vanalli, Vice Chancellor of Bengaluru North University, expressed his pride in Kristu Jayanti College as a prestigious institution under their university, pledging continued support. During the ceremony, Chief Guest KJ George unveiled the much-awaited new Silver Jubilee logo, and 25 initiatives of Kristu Jayanti College were introduced by Dr. Aloysius Edward J, Dean of the Faculty of Commerce and Management. These initiatives spanned

The event concluded with a heartfelt vote of thanks by Father Lijo P Thomas, Vice Principal, and CFO, followed by captivating cultural performances by the Kristu Jayanti Dance Academy and Music Academy.

This Silver Jubilee celebration not only commemorated Kristu Jayanti College's impressive 25-year journey but also served as a testament to its commitment to academic excellence and its significant role in shaping the future of education in Karnataka.

Colours, Culture And Joy: College Ethnic Day A Resounding Success



Ritika Mitra

Students enjoying themselves in the quadrangle during the DJ

Kristu Jayanti College Autonomous Bengaluru celebrated Ethnic Day with vibrant festivities that showcased the rich cultural diversity of the student body on September 23, 2023. The day's celebrations began with a lively procession that kicked off at the main gate. The procession featured enthusiastic drum performances at every step as it made its way through the campus. Students participated in the procession, dressed in traditional attire representing various states.

Fr. Dr. Augustine George,

Principal, declared the event officially open with a speech, alongside other authorities, deans, and faculty members. He then inaugurated the vibrant celebration and encouraged students to actively participate, infusing the day with energy and excitement.

The college campus came alive with students donning various traditional and cultural attires, reflecting the diversity of cultures. This diversity allowed students to represent themselves attractively while promoting cultural exchange.

Students who were experiencing the ethnic day for

the first time were ecstatic about the vibrant celebrations and wild celebrations, "I'm a first-year student in the PG program, and this is my first time experiencing such a grand event.

On one side, we have students representing different states, and cultural events are happening all around the campus. The quadrangle is alive with students dancing everywhere.", said Likitha NM, MSc Microbiology. "The Literary and Cultural Association organized an Ethnic Day competition, encouraging students to showcase the finest traditional clothing with pride. An Ins-

tagram reel contest added an element of creativity, testing the skills of participants in creating innovative reels.

Students from the UG Visual Communication Department and PG Mass Communication Department were seen all around the campus, busy with cameras, reporting for television, print, radio, and digital media."

The Department of Media Studies, in collaboration with the Literary and Cultural Association (LCA), hosted an Instagram Photography Contest called "Ethnic Euphoria," focusing on capturing the spirit of unity.

Simultaneously, the Quadrangle and Turf were transformed into vibrant dance stages with cultural representations, enhancing the overall festive atmosphere. Kristu Jayanti College's Ethnic Day was a colourful and joyful celebration, highlighting the importance of cultural diversity and unity among its students.

Give Life, Give Love: Students Contribute Towards Making A Difference

Chamely Devadas

A blood donation camp was organized by Kristu Jayanti College in collaboration with various blood banks including the BMST Blood Bank, Lions Blood Bank, NIMHANS Blood Bank, Sanjeevini Blood Bank, and Karnataka Red Cross Blood Bank on 06 August 2023.

The camp was held at the newly constructed humanities block, where students showed immense interest and contributed towards this noble cause. All blood donors had to undergo a brief health checkup which included measuring their weight, hemoglobin levels, and blood pressure. Anyone aged between 18-30, regardless of gender, was eligible to donate blood. Males can donate every three months, while females can donate every four months. Donors must have a minimum weight of 45kgs and their blood hemoglobin lev



Students coming together to donate blood

els should exceed 12.5gms. The students demonstrated their willingness to be involved in the blood donation campaign and assist those in need. "More than 800 donors have contributed so far; it was unexpected to see such enthusiastic students and other staff members come forward for the drive and turn it into a successful event.

The campaign was extended due to the overwhelming number of students contributing towards the Noble cause. Mr. Sashi Kumar, Assistant Professor and Coordinator, Centre for Social Activities shared that the 8th year of the blood donation camp at the campus.

This event aims to promote and encourage the students to contribute to the noble cause".

Kalajyothi 2023: Where Art Becomes Identity – Unveiling The Essence Of Kalakaars At The Cultural Extravaganza

Ghalsasi Supriya Sunil
Aparna

The Literary and Cultural Association of Kristu Jayanti College, autonomous, effectively concluded its annual intercollegiate celebration, “Kalajyoti.” The week-long event, which commenced on September 4, 2023, and concluded on September 9, 2023, witnessed a noteworthy display of talent and inventiveness, hauling in undergraduate students from across the different departments of the college.



A Student performing his skills in Kalajyothi

The event took place on the sprawling campus at various auditoriums.

Rev. Fr. Dr. Augustine George declared the commencement of the fest in the presence of Fr. Lijo P. Thomas, Vice Principal, as well as management members, faculty coordinators of The Literary and Cultural Association, and many other students and faculties.

An event head of the orchestra, Reansh from BBA-Aviation 2nd year said, “From the beginning, there were two rounds - Qualifying and the finals. Overall, the event was successful as participants, audience, management, logistics, and judges were

cooperative.” A logistic member, Rinisha Shakya from BA PYEN 2nd year, mentioned, “We were at different spots, different auditoriums. My work was to help out the teachers and look after the students. There was a lot of running around, it was exhausting, but we had a lot of fun.” This festival emphasizes not only artistic expression but also teamwork, innovation, and cultural variety. Kalajyoti continues to be a source of inspiration and talent, confirming Kristu Jayanti College’s image as a haven for young artists and thinkers.

The Never Ending Stories Of Bad Roads in the Bangalore



Pot holes in the streets of Bangalore

Jenifer Saloma Mathew

A different narrative unfolds. The prevalence of

potholes on the roads has led to a significant increase in accidents. These hazardous road conditions have raised concerns among residents about their safety and well-

being. These grievances encompass incomplete road construction, hazardous footpaths, and potentially dangerous electric posts. They have voiced their frustration at the slow progress of roadwork, often citing the monsoon season as a reason for halting construction.

This is an alarming concern and it’s high time that the authorities take relevant action. Better roads contribute to a stronger economy, and the economic well-being of citizens is of utmost importance. Roads play a vital role in economic development. It’s high time

we recognize our rights and are willing to fight for them, no matter the cost.

The problem of bad roads extends citywide, with a 570-page report by the city traffic police identifying 244 roads in poor condition and there are approximately 518 potholes in the locality.

Residents are frustrated at the lack of action taken by government authorities in addressing these road-related concerns. Road construction and related issues are not new to the people of Bengaluru; they have persisted for a long time and are likely to continue.

Rdx: A Explosive Cinematic Thrill That Packs A Punch And Leaves Audiences Breathless

Maria Liz Keertana

The Malayalam movie RDX: Robert, Dony, Xavier is an action thriller, that was released in August 2023. The movie was a big hit. It was directed by the debut director Nahas Hidayath and produced by Sophia Paul. The movie features the talented trio Shane Nigam (Robert), Antony Varghese Pepe (Dony), and Neeraj Madhav (Xavier). What makes this a great watch, is the unpretentious style and how each action sequence builds up gradually. This high-octane thriller

promises to keep you at the edge of your seat, with its adrenaline-pumping action sequences. A key highlight of RDX’s script is its initial sequence, spanning for several minutes, that lays the foundation for the forthcoming events. All the characters in the movie have shown justice to their role. The movie consisted of a balance of revenge, family sentiments and romance that was perfectly fused with action.

Shruti Satish, M Com FA said “The movie was a really good thriller. Awesome BGM, action, production,

design, sound, and especially the cinematography during the action sequences. All three actors did their best, personally, Shane was my favourite.

“The movie exceeded my expectations; it was my first time watching a Malayalam movie on the big screen. The direction was very clear and very neatly done. There wasn’t much chaos.” – Gregory Joshua, MA Journalism and Mass Communication. RDX is a movie worth watching at the theatre. As a debut director, it is a great achievement for



Nahas Hidayath. The movie is a delight for action enthusiasts. A theatrical entertainment that matches the electrifying experiences found in other languages.

A World Of Knowledge Awaits

Upama Upadhyaya

You have to push yourself and come out of your comfort zone and let destiny decide for you” - stated Marietta Manu, Author and PG student at Kristu Jayanti College Autonomous.

The Department of Library and Information Science, organised its 18th Annual Book Exhibition, ‘Jana Darshan’, on 6 September 2023.

The Annual Book Exhibition was inaugurated by Fr. Dr. Augustine George, Principal, of Kristu Jayanti College Autonomous. There were over 26 vendors invited with more than 16,000 books across different streams present at the exhibition.

The three-day exhibition is extended from 6-8 September. Father Joshy Mathew, Director of the Library and Information Centre, Director of the HR Department, and Head of the Department of English stated “The college has not only organized book



Fr. Dr. Augustine George visiting the book store

exhibition but also curated with a variety of literary events such as book review sessions, poetry sessions.”

Mr Harish, Chief librarian, Kristu Jayanti College Autonomous mentioned, that the main purpose of organising the exhibition was to get the best books in the library and allow students to choose from various categories. Students have revelled in the book exhibition with dynamic participation.

Mohan M, Distributor of Information Books, discovered the exhibition and has been coming to Kristu Jayanti College for the past 10 years for the exhibition, and he was delighted to be part of it. “I have books that range from Rs 450 to Rs 4000- 5000, and I have had a good business in the college,” he added.

“Beyond Marriages: Navigating The Uncharted Territory Of Property

Evita Richards

Marriages are sacred, especially in Indian society, they are regarded as a ‘bond for seven years’, and thus the notion of extra-marital affairs is considered morally wrong. This is believed by all religions across the country, whether it is Christianity,

Hinduism, Jainism or Sikhism. There were rules against extramarital affairs in the past, but over some time, extramarital affairs have been decriminalized in India.

Before 2017, an affair was also termed as ‘adultery’, it was regarded as an offence. However, a new rule of entitlement has been passed, if and when a child is born

from an affair, that child is entitled to the property of the biological parent.

The child has every right to claim inheritance from their biological parents, whether born out of a legal marriage or out of wedlock. Brian from II BA psychology highlighted the importance of ensuring that a child born out of wedlock is not left without

any entitlement to property. Paternity tests can be utilized to establish biological parentage for property claims. Noel from MBA, emphasized that the law tends to favor legitimacy, considering a child born out of an illicit marriage is a legitimate child.

However, it’s important to note that the affair itself does not entitle the partner

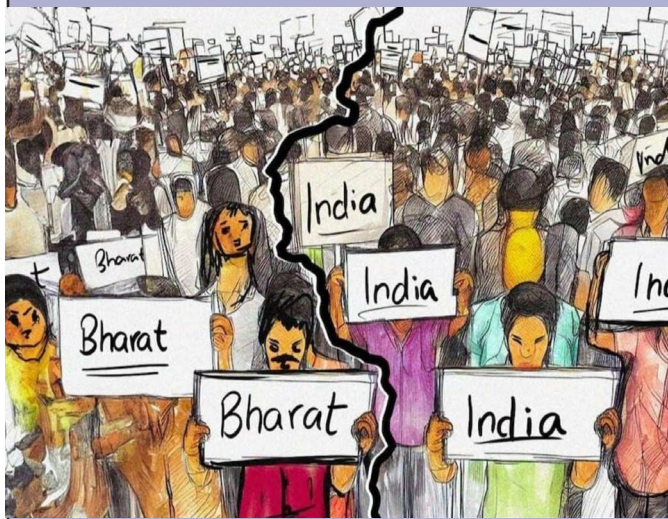
Photo of the Month



“Hard work in hand, hope on shoulders.”

-Bavana Thalathoti Vinod

India Referred To As “Bharat” On G20 Summit Invitations Raises Questions



Courtesy: Getty Images

Christina Viswanathan

The use of “President of Bharat” instead of the traditional “President of India” on official G20 Summit invitations has sparked a debate in India. This change is also reflected in a G20 booklet for foreign delegates, titled “Bharat, The Mother of Democracy.” It’s important

to note that “Bharat” is the official name of the country, and this shift in official usage has raised political concerns.

Arvind Kejriwal of AAP even questioned if the ruling party would consider renaming the country “BJP” if the opposition chose “Bharat” as the new name. A first-year BA Psychology Honours student believes that the name change is unnecessary and

doesn’t favour the conversion from India to Bharat. Others express concerns that “Bharat” may be perceived as a name associated with a single religion.

Some emphasize on the historical significance of the name “India,” which derives from the Sanskrit word “Sindhu,” representing the Indus River. Neha Nidhin, a first-year B.Com and ACCA student, points out that people associate the name “India” with the country’s rich heritage and are accustomed to it.

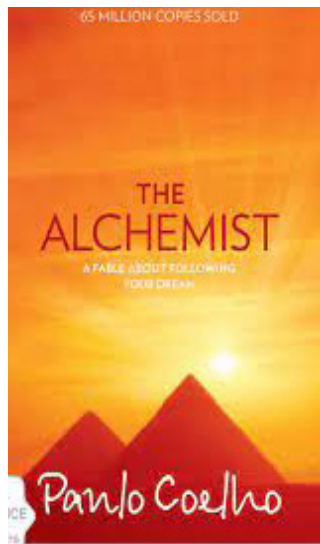
In general, common citizens seem to prefer retaining the name “India”. The debate continues as individuals contemplate the potential implications of this name change on their national identity, with political tensions and differing opinions adding complexity to the discussion.

“The Alchemist” By Paulo Coelho: A Journey Of Self-Discovery And Inspiration

Kusuma S

The Alchemist by Paulo Coelho is a short novel that follows the journey of Santiago, a young shepherd in Andalusia, who embarks on a life-changing adventure to find a treasure he dreamt about at the Pyramids. Along the way, he encounters various characters and experiences that teach him valuable life lessons.

One of the novel’s strengths is its motivational wisdom, emphasizing the importance of pursuing one’s dreams at any stage of life. It encourages readers to seize the moment and not delay their aspirations for an ideal future. This message is exemplified by the story of an old man who deferred his dream of travelling until old age, missing out on the opportunity to fulfil his desires earlier. However, The Alchemist” has its share of critiques. The characters



lack three-dimensional depth, with Santiago being the most developed. The narrative is told in the third person, with intermittent glimpses into Santiago’s thoughts, leaving other characters and the setting underdeveloped. This lack of description makes it challenging for readers to visualize the characters and places, except for a few specific scenes.

Additionally, the novel

incorporates mystical and fantastical elements, such as Santiago’s ability to communicate with the Wind and the Desert. These aspects remain unexplained and underdeveloped, leaving readers wanting more context and clarity.

Furthermore, the inclusion of omens in the story may not resonate with all readers, as it may conflict with their personal beliefs. In conclusion, “The Alchemist” is a book worth reading, offering motivational wisdom and encouraging readers to pursue their dreams.

While it falls short in character development and leaves some mystical elements unexplained, its message of seizing opportunities and believing in one’s dreams is universally appealing. Despite its shortcomings, it can inspire individuals of all ages to dream big and work towards their aspirations.

Slum Concealment For Image Protection Sparks Debate

Sradha H

The G20 summit that took place in Delhi generated significant buzz among residents and observers. With leaders from around the world gathered in the Indian capital, the event’s significance and agenda were the discussion of topics among the public.

However, the excitement surrounding the G20 summit was accompanied by discussions about the practice of concealing slum areas with advertisements during international events. This approach, while aimed at presenting a positive image of the host city, has sparked mixed reactions. Devika, a concerned citizen, commented, “Hiding slum areas with advertisements and walls during global events is a complex issue. On one hand, it might create a better impression for visitors, but on the other hand, it can feel unethical as it hides real problems that need attention. It’s essential to strike a balance.” One recurring question in



Courtesy: Getty Images

these discussions has been whether governments should allocate more resources to improve the living conditions of slum areas instead of concealing them during high-profile international events like the G20 summit. Pooja, a resident of Karnataka, advocating for investment in better

living conditions, stated, “Yes, governments should prioritize improving the living conditions of slum areas rather than hiding them during events like the G20 summit. Investing in better living conditions not only benefits the residents but also promotes a more inclusive and sustainable image for the host city. It’s a long-term solution that addresses the root problems

of inequality and poverty.” These conversations reflect the perspectives within the city on how best to represent its identity and address the issues faced by its residents.

The G20 summit in Delhi served as a platform not only for global leaders to discuss pressing issues but also for the local population to engage in critical conversations about the approach to addressing urban challenges.

“If you cannot get rid of slums in Mumbai, cover it Ahmedabad style. BMC could take lessons from the BJP and build a wall to cover it fully. You can hide the Garib but not Garibiz. Best wishes for G20 summit.” - said Mumbai Citizens in X (formerly Twitter).

Unleashing Learning Potential Through AI

Moasunep Pongen

In the zany world of education, there’s a new player on the block, and it’s not your average student or teacher. It’s Artificial Intelligence (AI), and it’s here to make learning as smooth as possible. So, grab your thinking caps and your laughter goggles because we’re diving into the quirky and hilarious ways AI is revolutionizing education in the digital age.

AI is considered as ‘The Sherlock Holmes of Education’, Imagine AI as a detective, with a magnifying glass, but without the pipe and a funny hat. AI adapts lessons to match your pace, ensuring you don’t feel like

you’re on a never-ending ride in a high-speed blender.

Language translation tools powered by AI, suggest that you can understand calculus in English, French, or German (well, almost). Now, learning isn’t lost in translation; it’s discovered in adaptation! Teacher + AI: The Dynamic Duo In the classroom, is a tag team showdown – teachers and AI working together like Batman and Robin.

Educators use AI to analyze student performance, so it’s less “Guess who’s coming to class today?”; and more of “Let’s tailor this lesson to your preference”.

In the digital age, learning isn’t a one-time gig; it’s a binge-worthy series. Thanks



to AI-driven online courses, you can upskill at your convenience. It’s like Netflix for your brain. Popcorn is optional, but highly recommended. It’s crucial to remember the backstage team.

Ethical issues like data privacy, biased algorithms, and the digital divide are the serious aspects of this performance. We need to pay attention to these concerns to ensure everyone enjoys the show without any problems.

City Residents Speak Out on Government Freebies and Public Sentiments

Prabhash Kumar Mandal

Bengaluru residents have had mixed opinions about the freebies recently introduced by the new state government. These initiatives, ranging from free healthcare

services to subsidized public transportation, have sparked both enthusiasm and scepticism.

Most people consider free services, such as vaccinations and medical check-ups, as an advantage during these challenging times. They

appreciate the government’s efforts to prioritize public health and well-being.

On the other hand, there are concerns about the long-term sustainability of these programs and their impact on the state’s finances. Some residents worry that

these freebies may lead to higher taxes or increased public debt in the future.

The opinions on subsidized public transportation vary. Some residents have a positive feeling about making commuting more affordable and efficient.

However, others question whether it might lead to overcrowding and strain on public transportation infrastructure. In conclusion, the opinions on the new state government’s initiative on freebies are diverse.

While some see them as

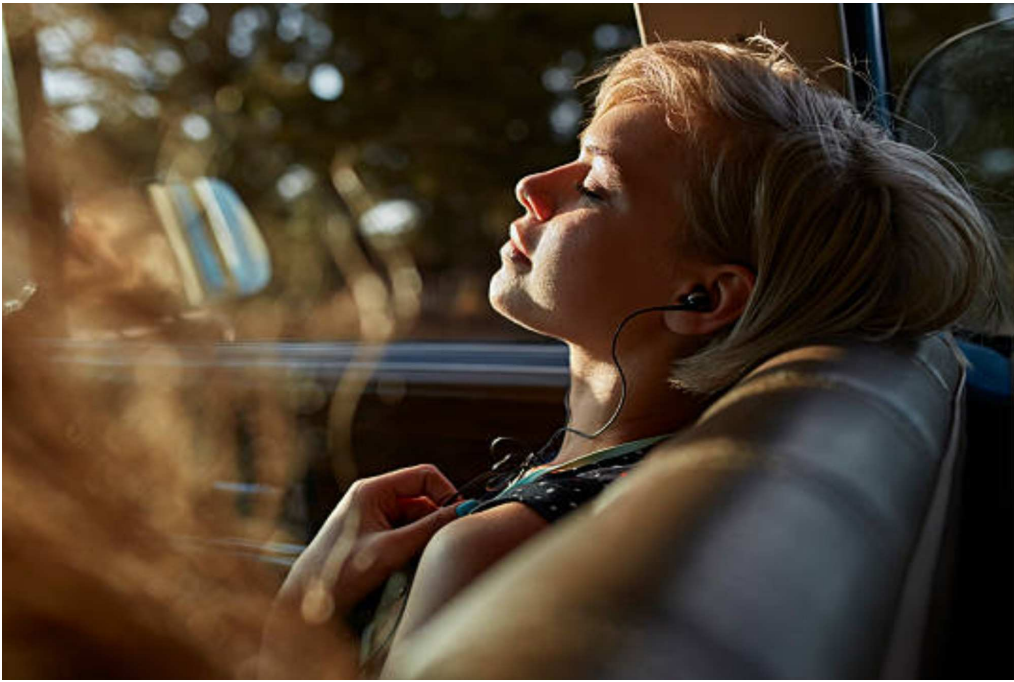
positive steps towards improving the quality of life, others express reservations about their feasibility and long-term consequences for the state’s economy. Public discourse and ongoing evaluation will likely shape the ultimate verdict on these initiatives.

Harmony Unveiled: Music’s Enchanting Spell As The Ultimate Force Of Magic In Our Lives

Anita C

“Music expresses that which cannot be put into words and that which cannot remain silent.” — Victor Hugo

This quote by Victor Hugo signifies that music has the power to convey emotions and thoughts that are often beyond the reach of words and can never be left unheard. Within the campus, a special kind of music fills the air. It’s like magic, crossing borders, bringing people together, and expressing things that words can’t. The students at the college share their different music likes and how music makes them feel inside. Music serves as a bridge, connecting her to cherished memories and loved ones. In Pava’s life, music is a constant presence, whether she’s at home or on the road. It’s not



Courtesy: Getty Images

merely something she hears; it’s a profound sentiment that constitutes a significant part of her identity. In short, students at Kristu Jayanti College showcased how music deeply touches their lives, transcending language and bringing out a multitude

of feelings. Music is like a universal language that reaches into our souls, just as Victor Hugo wisely said, “Music expresses that which cannot be put into words.” Healing Through Melody “Music is like a warm hug when I’m feeling down. I

love songs with beautiful tunes, especially the ones in Tamil. One song, “Pirathedi” by Dhanush, is extra special to me because it helped me through a tough breakup two years ago. It’s like a friend that comforts me and helps her feel better” -Naumika, a

second-year B.Com student. Music, the Universal Language of Emotions “I view music as a universal language. Regardless of one’s origin, music is a means of communication. When I listen to music, I become irresistibly inclined to dance and move “ -Pavan, a first-year B.Com student.

A Multilingual Musical Voyage “On a musical journey that transcends language and is currently captivated by the song “Pongatrile” from a beloved movie and holds a deep affection for Vijay’s heartfelt tunes. My music choices align with my mood, enhancing the travel experiences with extra joy and meaning” - Sindhu, a third-year B.Com student.

The Visual Communicator with a Melodic Heart “I prefer peaceful Malayalam music over the glitz of

Hollywood and Bollywood. I am a devoted fan of Vineeth Sreenivasan, known for his lyrical and musical talents. Niranjana’s top pick, “Thattathin Marayathu,” holds a deep personal significance, giving me a profound peace during moments of solitude and travels” - Niranjana, a second-year BA Visual Communication student.

Where Heart Meets Harmony “I love music, and to me, it’s like a language that everyone can understand. It’s not just about the tune or the rhythm for me; it’s about feeling connected. I enjoy songs from different languages and styles, and when I listen to music, it’s like I am dancing from the inside. It’s a way for me to express myself and feel happy” -Vikshitha a first-year student pursuing an MA Public Administration student.

KJC Celebrates An Energetic Teacher’s Day

Hemi Asha P

Kristu Jayanti College Autonomous celebrated an energetic Teacher’s Day at the Jubilee Auditorium in the Administrative Block on 5th September. The event commenced with a soulful invocation song performed by the faculty choir, followed by a warm welcome address from Ms Devayani Pandey, the General Secretary of the Student Council. Fr. Dr. Augustine George, Principal, of Kristu Jayanti College, delivered an inspiring presidential address that left a lasting impact on the teaching community with his words of wisdom. The ceremony also featured the recognition of four outstanding faculty members who received the

LMS Champion Award. Additionally, teachers from various departments, including Sciences, Commerce and Management, Humanities, Kristu Jayanti College of Law, Music, Sports, and administrative staff, were honoured for their valuable contributions to the institution’s growth, a tradition initiated by the respected Fr. Dr. Augustine George.

The celebration was inclusive, extending gratitude to both teaching and non-teaching staff, along with office personnel. Teachers actively participated in the festivities, showcasing their talents through dance and song performances, adding an energetic vibe to Teacher’s Day. Students from different departments also contributed



A group of teachers performing the Qawwali

to the celebration with stunning performances, making it an enjoyable and entertaining occasion.

Teacher’s Day was a joyful and engaging event brimming with fun and enjoyment. It was a day dedicated to recognising and appreciating the teachers who are deeply committed and passionate about their profession, instilling a sense of pride and encouragement in them.

The Saudi Pro League’s Global Influence On European Football

Zealmann Hiller Wahlang

The Saudi Pro League is now a big deal in football because it spends a lot of money and gets top players from around the world. In addition to altering the league’s structure, this surge of European players and coaches into Saudi Arabian clubs has the potential to have an impact on European football as a whole.

Attracting Top-Tier Talent: The Saudi Pro League has seen a significant transition in recent years. The league, which is renowned for its aggressive attitude, has drawn a sizable number of European football talents, both on the field and in management positions. European players and managers have been drawn to the Middle East

by the temptation of rich contracts and the chance to participate in a developing football environment.

Elevating the Level of Competition: The level of competition has already been impacted by the entry of European talent into the Saudi Pro League. The league benefits from the vast experience, talent, and tactical that seasoned European players bring to the table.

Development of Local Talent: As the league welcomes more European players and managers, Saudi local talents are also gaining a lot from this growth. They have a unique chance to learn from football stars like Cristiano Ronaldo, Neymar Jr., Karim Benzema, Sadio Mané, and more. This mix of cultures is helping local talent

grow and develop in a positive way. Positive Influence on European Football.

The Saudi Pro League’s investments and international acquisitions go beyond the league itself. It’s also gaining influence in European football. This could lead to talent exchanges, friendly matches, and more collaboration between European and Saudi clubs in the future.

The Saudi Pro League’s impressive growth in football is a result of ambitious investments. European players have raised their competition levels and aided in developing local Saudi talent. Additionally, this trend has the potential to positively influence European football through enhanced international collaboration.

Bearing Witness To The Silent Crisis: A Student’s Tragic End Sparks Urgent Conversations On Mental Health Struggles

Gregory Joshwa Binu

Suicides have been an ongoing phenomenon in our society: an increase in the number of student suicides attributed to mental health problems. These tragic occurrences symbolize the unsaid cries

of young brains that have been overcome by stress, worry, and sadness. They are more than simply statistics. This essay will examine the causes of this issue, present many viewpoints from various sources, and suggest potential solutions. “Our education system

prioritizes grades over mental well-being,” says Sarah, a concerned parent “We need to reconsider our approach.” “Comparing oneself to others’ curated online lives can be incredibly damaging,” says Zachariah, a 2nd year MA psychology student. “Parents, teachers, and

friends must actively listen and offer support, your friends and family should be a place where you feel say and talk about your emotions,” says Alan, a 2nd-year student who has experienced his own struggles. Suicides among students due to mental health problems

are a highly disturbing issue that requires our undivided attention. We need to work together to provide young people with the support and tools they need to develop intellectually, emotionally, and academically by

recognising the issue, giving importance to all perspectives, and implementing proactive solutions. Let these tragedies serve as a wake-up call to emphasize on our youth’s well-being and to guarantee that no child feels alone or hopeless in their difficulties.

Cinematic Chronicles: Kristu Jayanti College Students Unveil Their Movie Ratings and Reviews

Aiswarya P

“I recently watched “Satyaprem Ki Katha,” a Bollywood movie, and absolutely loved Kiara Advani’s acting! The

film revolves around a girl who experiences a traumatic incident with her ex-boyfriend. It’s commendable how the movie portrays her struggle and fear, and Kartik Aryan’s role as her supportive husband

is truly heart warming. I would definitely give it a rating of 4 out of 5”. - Aditi, BBA.

“The movie I recently watched is “My Fault”, it’s a Spanish movie and it’s based on a novel

named “Culpa Mia”. The main characters of the movie are Nick and Noah. Both are stepbrother and stepsister, gradually falls in love. We can watch it from the first till the end with a thriller mode and with a romantic feel”.

- Anita, MSC Microbiology. I recently watched “Padmaavat,” and it’s truly a beautiful movie! I absolutely loved how Deepika was portrayed, especially with the stunning jewelry that showcased the rich traditions of

India. The movie shed light on the Jauhar Movement, which I had only read about in history textbooks. It was disturbing to witness the reality of women practicing Jauhar and Sati. I would definitely rate it 4.5