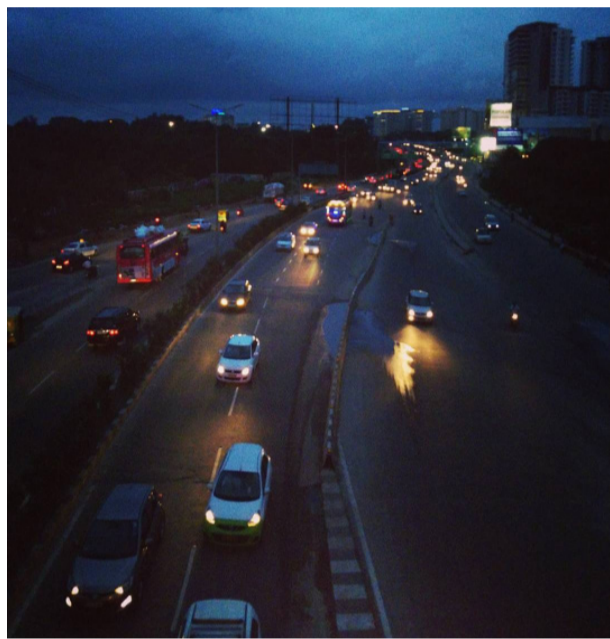




Campus Courier

Kristu Jayanti College (Autonomous) | Department of Journalism and Mass Communication | Students' Publication |

Hebbal flyover remains the slowest road in the city



Nishitha S Phirangi

The traffic in Hebbal flyover is getting worse by every passing day. Commuting on this flyover is a nightmare for every passenger.

There have been many attempts to seek a solution to the traffic woes in this area. But it has not seen the desired results. The 23 km stretch flyover was built in the year 2003. It was later extended to another 15km. Many ideas like steel flyover, elevated corridor, metro, an extension of Hebbal flyover were promised to the commuters but they were all denied.

There is a heavy influx of vehicles throughout the day and the situation only worsens during peak hours.

Statistics says that an average of 84,393 vehicles take the Hebbal flyover to reach the airport, while 89,603 vehicles enter the city from this route making it the busiest road in

Bengaluru, according to STUP Consultants, is a full-service project delivery consultancy company offering integrated planning, architecture engineering and project management services for buildings, power, transportation, telecommunications, commercial, institutional, recreational and manufacturing facility infrastructure. It provides a comprehensive range of services to government, private sector owners and contractors.

A lot of complaints were raised to the Bangalore Development Authority (BDA) regarding the traffic problems and jams on this road. But the authorities have not taken any adequate measurement to the issue and the suffering continues. A part of the flyover is maintained by the National

Highways Authority of India (NHIA) but they haven't been in the picture.

During September 2018, there were cracks found on the highway, but it was immediately inspected and given attention to. The officials after inspection declared that there is no threat to the structure. Since then, the maintenance work for flyover is done once in five years

The flyover leads to many hotspots of Bangalore like Kempegowda International Airport (KIA), Manyata Tech Park, KR Puram, MG Road, Whitefield, Yelahanka and many more. It channels most of the traffic from the city to various places. The ten-lane traffic coming from KIA, Yelahanka, Kodigehalli, Hyderabad and Tumkur road converges to the bottleneck two-lane flyover.

The flyover was six lanes highway with two-lane service roads when construction began in 2003. But now the highway is hardly a three-lane road.

With growing traffic every year and slow implementation of development work it is unclear on how to provide a solution to the traffic mess at Hebbal flyover.

Stray dog nuisance continues in Kothanur

Elizabeth Kessya

"In a pitch-dark night you are travelling by scooter in a lonely road alone, suddenly some stray dogs start chasing you, out of fear you speed up you lose your balance and falls down, end up in hospital bed, that was a nightmare," said Benjamin Stanely, an IT professional recollecting glimpses of a horrifying past. Stray dogs racing with the vehicle is a common scenario in Kothanur, a village in North Bangalore. "I have witnessed such accidents a couple of times and the scene itself terrifies me," says Ashwathy Prabin, a resident. Most of the time the victim would be a motorist.

Kothanur is an upcoming residential as well as commercial area comprising of various college, apartments and certain areas are densely populated with students. Riding a two wheeler is an art, balancing yourself isn't a child's play especially when you're handling a gear, break as well as speed. "I was



about to lose my balance," recalls Gokul S Nair, a post graduate student. "While I was going to my office suddenly a dog jumped in front of my scooter, I couldn't apply the brake I crashed onto the dog and I fell," said Rakhi C M, agriculture officer. Suddenly when a dog runs along or crosses the road the rider won't be able to apply the break especially when they are coming in speed. Why do you think they tend to chase certain vehicles but not all which passes by.

"Dogs tend to chase only a few vehicles. They chase vehicles which irritate them by speeding up or riding to close to the dog" said Abhu Saji, a student. ?

Dogs mark their territory to warn other living things, they do it mainly by urinating. So if anything or anyone crosses their boundary of space it irritates them. They are harmless until we bother them, "Don't harm them, they won't harm you" said Ashwin Harish, an animal lover. The elites travelling by four-wheelers do not go through such a situation. "Even though the stray dogs chase them, they are safe from losing balance or getting attacked," said Sharanyamol C, a postgraduate student. "No one is there to question, this callous attitude" said, John Antony, an entrepreneur. The authorities have failed to tackle the uncontrolled population of stray dogs. The animal lovers should realise that this is affecting the 'lives of dogs' as well the lives of the people. The government will have to take care of the stray dogs as well as the the humans. Either they can sterilise the stray dogs or keep them in a special area rather than making their lives as well the lives of humans at stake.



Can one language unite our nation?

Irene Jose

Quoting Union Home Minister Amit Shah “Today, if one language can do the work of uniting the country, then it is the most spoken language, Hindi. There is so much influence of English on us that we cannot talk in Hindi without its help. People should realize that if languages are lost to foreign influence, we will be severed from our culture.” His speech had hinted the idea that even after seven decades of independence, India is not unified. For years, Indians celebrated their unity irrespective of different language and took pride in our diversity and heterogeneity. Is it the language that divides the Indians?

One country with one language and culture like the European notion. The present government, who criticises the English and Western traditions, are influenced by their political ideology of nationalism and unity. A united country should give space to diversity, especially in a pluralistic society like India. The wide diversity and culture of India is the identity of our country. In modern xenophobic society, where different cultures are views with scepticism, India stands out as a wonder by celebrating unity in difference and diversity. The Government’s move to make Hindi as a national language will be a major setback to the uniqueness of our country. The policy, if implemented, will kill many of India’s regional languages. When a language dies, its history, literature, values connected with the lives of the people, and the identity of people will also die.

Amit Shah’s statement created a stir among people. Indian’s take pride in their mother tongue. Imposing the most spoken language in other language speaking people, in the name of unity, infringed the freedom of expression. Many states like Maharashtra, all the southern states and north-eastern states firmly opposed the idea. The statement was to preserve India’s ancient culture and to avoid English which is a colonial legacy. But the real culture of India is its diversity and any Government trying to preserve India’s culture should start from protecting each regional culture and language. On the remark of English as a colonial legacy, the north and central states use “Hinglish” language where Hindi is often combined with English. It is the southern and north-eastern states who use less English with their language. The government needs to think about whether one language will unite the nation.

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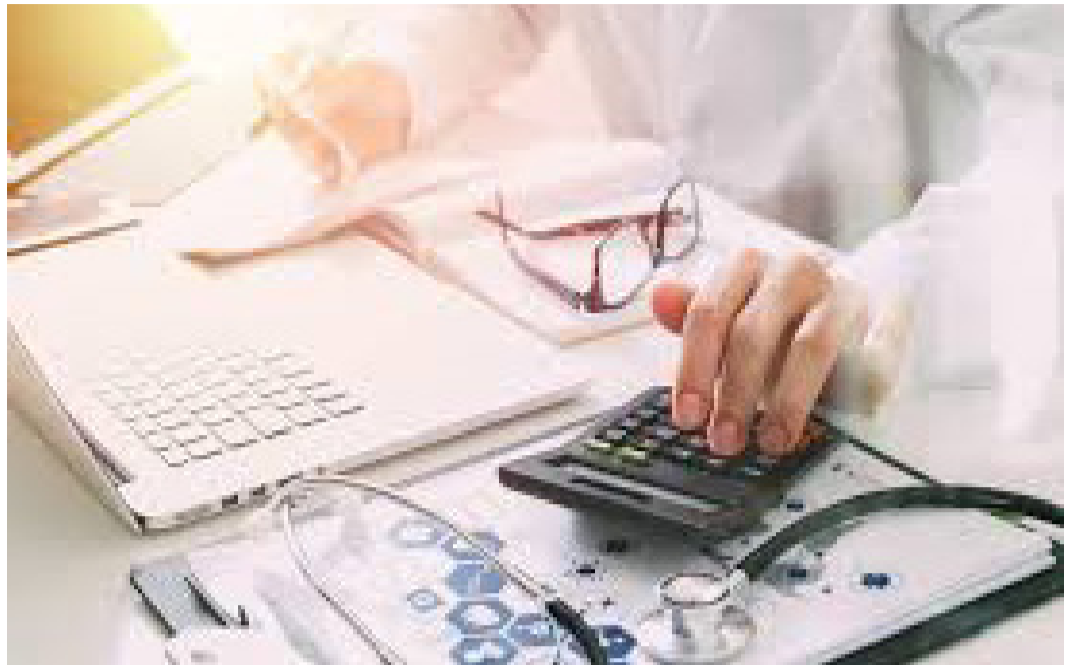
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Medical Care A Booming Business

Elizabeth Kessya

A study published in the National Center for Biotechnology Information shows healthcare in the USA is now strictly a business term. Healthcare organizes doctors and patients into a system where that relationship can be financially exploited and as much money extracted as often as possible by hospitals, clinics, health insurers, the pharmaceutical industry, and medical device manufacturers.

In India the condition is not different; the rate at which the number of hospitals is increasing with ‘high-end’ services is not bringing down the increase in the number of patients. This raises the doubt whether hospitals are ensuring health care or health of the patients.

How can there be growth in the number of patients despite the ‘quality medicines and services’, the medical sector claims they are providing?

Many private hospitals are built out looking the fame this sector could provide, but the underlying inner self is of a shrewd businessman. The medical bill is a ‘medical shock’, drowning millions of people in poverty. Despite this, the poor facilities in government hospitals undermine people’s access to health care, especially for the ones below the poverty line.

For a treatment that could be done with one visit, the patient is dragged for a couple of visits, the consultation fees are the main motive. Also, the treatment provided does not take into consideration the after effect and the patient nor his wards

wouldn’t ask about because of lack of knowledge. There is a rumor that many hospitals provide expired medicines too. ‘Believe your doctor’ as it is a matter of life and death, people are willing to undergo every treatment and surgery the doctor says. Cases of organ transplantations without consent are becoming a trend in Indian society.

Moreover, the cruelty of keeping a patient on ventilator after his clinical death is a tactical move by the hospitals to earn money. The medical profession is supposed to be a noble one. There is a need to engage in public discussions and take a stand against unethical and corrupt practices in healthcare and medicine – for the sake of the individual’s well-being as well as for social good.

Bangalore continues to shiver with Dengue

Archana Bijo

Dengue fever is now rampant in Bangalore. The intensity of this is increasing every day. The Aedes aegypti mosquito is the main vector that transmits the viruses that cause dengue. The viruses are passed on to humans through the bites of an infective female Aedes mosquito, which mainly acquires the virus while

feeding on the blood of an infected person. The city is worried because it will affect a lot of people. Dengue fever has been on the rise for two months. People of all ages are suffering from dengue. At least one hundred people have been admitted to hospitals due to dengue in every day. If we take ten three among them are children. Dozens of people are coming to the hospital because



of Dengue in every people near Kothanur hospital in Bangalore. At least two thousand were diagnosed with Dengue in the month of

August and September, statistics say. The highest number of dengue cases in India comes from Bangalore. The reason for this is increasing population in the city is high. Water logging, the breeding ground for mosquitos is another reason. Dengue, is more likely to spread during the monsoons. The governmental bodies have already started to give awareness against dengue.

Food for every mood

Archana Bijo

Delicious food with perfect ambience has its own magic in changing everything. Many people are going crazy for biriyani. Biriyani is like energy booster for them. On the basic of mood, we can have food items to suppress or elate our feelings. Depending on what we eat, we may feel content, agitated, tired or even slightly depressed. If we over eat, we will tend to feel tired. If we eat something to which we are allergic, we may feel uneasy, upset, sad, angry, or just plain ill. Some food may help us think more clearly while others may cloud our moods. Food can have very powerful effects on people. Just looking at a certain food can bring back a flood of emotions, from the taste of it or perhaps from the individuals you were with and the feelings you had when eating it last. All of these can affect your mood. The human brain can recognize whether a food is a favorite or not. Human brain releases an enzyme called dopamine, which helps to make feel good, when they eat their favorite food. You may not even like the food that much, but you were having a great time while eating it and your body remembers that

Food has a profound effect on your body, mind, feelings. What you choose to consume will have different chemical and emotional reactions which can change one's mood, thought process, sensations in your body not only through the chemical process of breaking down the food, but through sensory organs and memory. It is all about chemical and proteins. Our body keeps releasing chemicals, food releases chemicals and proteins when ingested along with stomach acids. So, when there is more acidity in our body and blood there is imbalance in moods. Often people prefer to eat junk food because it is easier to cook and get quicker. Regular consumption of junk food could result in accumulation of toxics in our body. As a result, studies have found people who eat junk food tend to be restless. Also, to add to the overall mood imbalance and woes the air we breath is polluted and breathing technic is shallow which compound the overall behaviour pattern. If you want to control your mood, food is the easy way to do it.



Menstrual cups: Eco-friendly solution for your Menstruation

Elizabeth Kessya

Red denotes danger, red denotes love. The red visitor brings a mix of feeling to a female. A reminder for the future mothers, 'The sign of womanhood' as some says. Sanitary napkins have become an inevitable part of womanhood. Nine out of every ten women carry a sanitary napkin because sometimes menstruation become 'the unexpected visitor'. How can women activists supporting 'Swachh Bharat', a nation-wide campaign in India ignore this 'Biological Phenomenon' which inevitably contribute a huge amount of plastic waste every month. "I require almost 20 to 25 sanitary napkins every month" Mary Antony, a school teacher said. The reusable bell-like device, menstrual cups are on the boulevard to be the next trend. But it's taking a slow pace to win 'the female hearts' in India. It's use is a bit tricky and too 'intimate' according to our culture and values, to be precise. In this era of 21st century, certain people fail to break free from their 'taboo world'. A question of purity and modesty arises with the thought of using a menstrual cup. Touching one's genitals

in a manner to insert it, is a direct 'No'. On top of that, the menstrual blood is in 'impure' category hence encountering with it is unacceptable in Indian society. The low cost and durability of menstrual cups are the much-appreciated factors to reduce the plastic waste each woman produces every month, "It's helpful, saves a lot of money and it is affordable," said Nishitha Sanjeev Kumar, a college student. Jumping into the pool during menstruation is a confirmed 'No'. But this menstrual cup shouts a 'yes' for you. "For an athlete, it's pretty good and especially when you are swimming," said Aabha Nambiar, an athlete. "It is kind of irritating when its sanitary napkin, but these menstrual cups are comfortable after getting used to it," said Mehra Arshad, a college student. The thought of inserting and cleaning the cup is gross. The way of using it is the reason why I am not interested to try it," said Archana Bijo, a college student. Many women in India are still not accustomed to the usage of this alternative. How will you know unless you try it? For that first you should get rid of the unwanted beliefs and fears. Moreover, do your bit of saving the planet from plastic.

A must watch in Kannada - Ondu Motteya Kathe

Nishitha S Phirangi

Ondu Motteya Kathe is a 2017 romantic comedy movie in Kannada which is written and directed by Raj B. Shetty who is also the lead role player in the same movie. The movie was released on July 7th 2017. It received many positive reviews. *The Hindu* awarded the movie as Best Kannada film of the year. The film won the Filmfare Award for Best Film in Kannada in 2017. The film was remade in Malayalam as *Tamasha* and in Hindi as *Ujda Chaman* in 2019. The protagonist - Janardhan is a 28-year-old Kannada Lecturer from Mangalore who is told by his family priest that he needs to get married within a year or he would never get married in his life. The

twisted comical side of the movie is that Janardhan is bald and is bad at impressing women. He is also an introvert which makes it even harder for him to approach women. But none of it stops Janardhan from having hope to find a beautiful bride for him to spend his entire life with. In the movie we see Janardhan facing various situations and conflicts through which he revisits his inner core and gets to discover himself. Raj B Shetty has done a great job in achieving and showing all the bittersweet comedy in the life of an insecure bald man. There are very few films that are made that have their souls firmly in place in the Kannada movie industry and surely *Ondu Motteya Kathe* is one of those.

A sweet spicy treat

Nishitha S Phirangi

If there is one food item that people can't remove from their junk list, it's the mouthwatering Pani Puri. Irrespective of our food cultures, there is nothing that the yummy Pani Puri can't do with its tangy, spicy tamarind water with potatoes into the crispy wheat or semolina puffs. Pani Puri is much-loved street food, especially to the youngsters. Mr Deepak, a Pani Puri staller is located in front of Kristu Jayanti College, Kothanur. Twenty-four-year-old Deepak is from Kanpur, Uttar Pradesh. He is settled in Bangalore with his Pani Puri business whereas his family is back in Kanpur. He has been opening his still at this location from the past year and a half. He makes both sweet and spicy Pani Puri. He sells these Puri's at the rate of 10 rupees per plate consisting of 6 Puri's per plate. He also serves



a Sukha Puri for free. When in a conversation with Deepak, he said that weekdays bring him a maximum profit, specifically in the evenings. He has his particular crowd who he serves to almost every day. He said that every age group come to eat at his stall, but mostly girls and kids. He sells almost 500 plates of Pani Puri's every day. Deepak also said "I like Bangalore and its people. All of them are friendly too. It is a peaceful city. I have been here for two years, but I have not been able to pick up Kannada." He said that he wakes up at 5 a.m. every day to make Puri's, Masala and Pani. He opens his stall around 2 p.m. and is open until 9.30 p.m. But often his Puri's are over before that and hence he goes back home. When questioned about water, he assured that he bought the five rupees water cans provided by the government which has been very easy and helpful to him.

Interview with Janaki Krishnan :

I love how female gets to share the spotlight equally

Irene Jose

“ I consider movies as one of the greatest medium for expressing one’s artistic flair and skill. It is a medium that can influence the masses like no other.”

Janaki Krishnan is a Malayalam film artist who has done around ten films. She started her career as a child artist in the film Black and continued to play a daughter role in the films Thomannum Makkalum and Masters. She is also famous for her roles in the films Urumbukal Urangarilla and Law point.

Debuted as a child artist working with one of the legendary Malayalam actor Mammooty in the film Black, how will you describe your start in the film industry?

Film industry was not something I imagined being a part of. It just happened. But once I started acting and got the taste of it, I realized how

interesting and engaging this field is. It requires a lot of hard work and patience to excel in this field and that I have learnt from all the stalwarts. I had a chance to work with including mega stars like Mammoty.

Other than films you have a YouTube tutorial channel with around 7.95k subscribers. How is life in social media?

I have always considered myself to be the least interested in social media. But once I started watching videos on YouTube I understood it is much more than just videos. I love makeup, skincare and travelling. I realized how useful and informative some videos were. I got inspired to start a channel to share my experiences and knowledge with the world hoping that someone would find my videos useful. But like I said, I am not very concerned about the number of followers or the current trends.

After doing few Malayalam movies you have taken a break. why?

My parents always advised me to prioritize studies and then concentrate on acting career once I have earned a degree. I did movies mostly during school and college breaks. After school I attended National University of Advanced Legal Studies and completed the five-year integrated course on law. Post my last released movie Urumbukal Uragarila was during the second last year



of my college I got placed and landed in a corporate job. After I left my job, I signed a movie titled ‘love FM’, is due for release in November. I am looking forward to acting in many more movies and to actively being a part of the industry in the future.

What is your dream project or dream role?

After watching Telugu movies like Arundathi and Bahubali, I have fallen in love with the characters Anushka portrayed in the movies. I love how the female gets to share the spotlight equally if not more even when it comes to fighting and leading the battalion. I love when how such powerful characters alone can steer the movie forward and make it a treat to watch. Hence I feel more movies of women portraying powerful characters need to find a place in our film industry to help empower women in the modern world and to instate the truth that women are as capable as their counterparts

How do you perceive films?

I consider movies as one of the greatest medium for expressing one’s artistic flair and skill. It is a medium that can influence the masses like no other. One Friday evening determines the fate of a lot of people who work in this industry. Some rise to the heavens and others are pushed to the background.

We are witnessing a growing troll culture in our society. Have you ever faced it?

Troll is always good until they violate someone’s privacy. If the fact that actors are also human beings with emotions and sentiments is taken more seriously a lot of unnecessary trolls could have been skewed. A lot of times this is forgotten. I have not faced this so much as an actor thankfully but in the case of that happening also I am well prepared and aware that such trolls are the misdoings of a few ignorant offenders.

What are the upcoming projects and plans?

As I mentioned earlier I have a movie set for release this November. Other than that currently I’m busy planning my wedding and preparations are going well.

Uber and Ola taxis taking over the roads in the city



Irene Jose

How did our previous generation call an auto? And how do we call an auto?

The physical strain to go out in the sun or dark and

waiting there to catch an auto is no more. We get access to taxis in a click. Every 15 minutes you will see an Uber or Ola cab in the city that is how the popularity of such taxis has increased. Smartphone-based applications like Ola

and Uber is becoming more and more popular. Nowadays mostly everyone prefers such taxis. There are reasons for it. Firstly, the chances of charging high prices are low. Secondly, you can track the movement of your vehicle. Safety is another factor of such taxis being more popular. Women prefer such taxis today. “I mostly use Ola autos and cabs. It is affordable for me and everyone in my friend circle uses Ola or Uber cabs. It is hassle-free and can travel easily” Said Nidhiya Maria Thomas a postgraduate student. Not just women, for elderly

people it is a big help. They can travel without strain and don’t have to rely on anyone to travel. There are more facilities in such taxis like pre-scheduled booking cab service which is not available in autos which is also a reason why people prefer these taxis. And these taxis also provide drivers profile, rating, previous complaints which are considered as an important safety measure by the passengers. Hence the number of such taxis and their users has increased over a few years. Their success is purely based

on availability and trust. The problem with such taxi services is that the car condition can be unpredictable, it can be smelly or in some seat belts can be broken, etc. There is competition between the auto drivers and Uber and Ola auto drivers. The auto drivers are usually from backward families in the urban city and work from early morning till midnight. There is a learning curve in using the smartphone for few auto drivers and many trying to cope with the new change has registered under such taxi organizations as many studies prove.

Few still refuse to work for these organisation for many reasons. “If I register under this taxi organisation through my friends I know I will have to give one third of the minimum fare to the organisation. Not just that if customer cancel the trip like the customers drivers also has to pay the cancellation fee too. And working independently I have the choice to choose the trip but working for these organization I am forced to go where the customer wants to.” Said Narendra Gowda from Vidhyaranyapura area.