

Newspaper Clippings

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National Pencak Silat Championship at Kristu Jayanti College

The Hindu Bureau

BENGALURU

The All India Inter University Pencak Silat Championship 2024-25, jointly organised by Bengaluru North University and Kristu Jayanti College, an autonomous institution, was held from April 14 to 16.

Pencak Silat is a traditional Indonesian martial art that combines strikes, grappling, and cultural and spiritual practices. As many as 623 athletes represented 47 universities in the men's category and 39 in the women's category.

Bengaluru North University emerged as the overall champion in both men's and women's divisions.

Host institution KJC secured the most gold medals (4), along with two silver and one bronze. Guru Nanak Dev University (Amritsar) and Chandigarh University were runners-up in the men's and women's categories, respectively.

The tournament included various combat and artistic events across weight categories.

Artistic events included Tungal, Solo Creative, Ganda, and Regu, reflecting the rich tradition of Pencak Silat.