



Submitted by:

INTERNATIONAL INSTITUTE OF WASTE MANAGEMENT (IIWM)
MG ROAD, BANGALORE



Submitted to:
KRISTU JAYANTI COLLEGE,
AUTONOMOUS
K NARAYANAPURA
BANGALORE



# **Green Audit of KJC Campus**

Assessment Year 2015-2016

Green audit can be a useful tool for a college to determine how and where they are consuming resources like energy or water; the college can then consider how to implement changes and make savings.

It can also be used to determine the type and volume of waste, which can be used for a recycling project or to improve waste minimization plan. It provides staff and students better understanding of Green impact on campus.

"Green auditing and the implementation of mitigation measures is a win-win situation for a college and the Society in which the Campus exists."

Green auditing promotes financial savings through reduction of resource use. It gives an opportunity for the development of ownership, personal and social responsibility for the students and faculty.



#### **Acknowledgement**

International Institute of Waste Management (IIWM) Green Audit Team thanks the management of Kristu Jayanti College (Autonomous) for assigning this important work of Green Audit (Environmental Audit). We appreciate the co-operation to our team for completion of study.

Our sincere thanks to the Management and Staff of Kristu Jayanti College for giving us necessary inputs to carry out this very vital exercise of Green Audit. We are also thankful to other staff members who were actively involved while collecting the data and conducting field measurements

P. Bineesha Executive Director

**IIWM** 



#### **ENVIRONMENT AUDIT CERTIFICATE**

25/05/2016

This is to certify that the M/s. Kristu Jayanti College (Autonomous), Bangalore in association with International Institute of Waste Management, Bangalore has conducted Environment/ Green Audit of the Kristu Jayanti College (Autonomous), during the period 2015-16

The data collection was undertaken in collaboration with the Students and Faculty of the College, which also formed the awareness generation of the Environmental Auditing process.

@ Jul

P. Bineesha

Rev. Fr. Som Zacharias

**Executive Director** 

Director, Infrastructure Development

**IIWM** 

Kristu Jayanti College, Autonomous



#### **DISCLAIMER**

International Institute of Waste Management (IIWM) Green Audit Team has prepared this report for Kristu Jayanti College (Autonomous) based on input data submitted by the representatives of the College and complemented with the best judgment capacity of the expert team.

While all reasonable care has been taken in its preparation, details contained in this report have been compiled in good faith based on information gathered.

It is further informed that the conclusions are arrived following best estimates and no representation, warranty or undertaking, express or implied is made and no responsibility is accepted by Audit Team in this report or for any direct or consequential loss arising from any use of the information, statements or forecasts in the report.

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#### CONCEPT

The term 'Environmental audit' or 'Green audit' means differently to different people. Terms like 'assessment', 'survey' and 'review' are also used to describe similar activities. Furthermore, some organizations believe that an 'environmental audit' addresses only environmental matters, whereas others use the term to mean an audit of health, safety and environment-related matters. Although there is no universal definition of Green Audit, many leading companies/institutions follow the basic philosophy and approach summarized by the broad definition adopted by the International Chambers of Commerce (ICC) in its publication of Environmental Auditing (1989). The ICC defines Environmental Auditing as:

"A management tool comprising a systematic, documented, periodic and objective evaluation of how well environmental organization, management and equipment are performing with the aim of safeguarding the environment and natural resources in its operations/projects."

The European Commission, in its proposed regulation on environmental auditing, has also adopted the ICC definition of Environmental Audit. However, the outcome of Green Audit should be established with concrete evidence that the measures undertaken and facilities in the institution under green auditing.



#### Introduction

A clean and healthy environment aids effective learning and provides a conducive learning environment. There are various efforts around the world to address environmental education issues.

Environmental Management Systems (EMS) is very popular in the industrial sector, but the general belief is that EMS is something pertaining to industries only. Other parts of the world have started adopting compatible environmental management systems either voluntarily or for promoting standards by external certification. International environmental standards do not suit the existing Indian educational system. Hence IIWM has developed a compatible system by developing locally applicable techniques.

A very simple indigenized system has been devised to monitor the environmental performance of educational institutions. It comes with a series of questions to be answered on a regular basis. Environmental conditions may be monitored from angles that are relevant to Indian requirements, without stress on legal issues or compliance. This innovative scheme is user-friendly and totally voluntary. The environmental monitoring system helps the institution to set environmental examples for the community and to educate young learners. It can be adapted to urban and / or rural situations.

#### Overview of the Institute

Kristu Jayanti College, founded in 1999, is managed by "BODHI NIKETAN TRUST", formed by the members of St. Joseph Province of the Carmelites of Mary Immaculate (CMI). The College is affiliated to Bengaluru North University and is reaccredited with grade 'A' in 2015 by NAAC in the Second Cycle of Accreditation. The College is recognized by UGC under the category 2(f) & 12(B). The College was accorded Autonomous Status from 2013 by the University Grants Commission, Government of Karnataka & the Bangalore University



In the **India Today- Nielsen Survey 2015**, for the fifth consecutive year, the college was rated in the national level as 16<sup>th</sup> Best Commerce College, 22<sup>nd</sup> Best Science College, 24<sup>th</sup> Best Arts College. In the **India Today- Nielsen Survey Bangalore Ranking 2015**, the college was rated in the national level as 3rd Best Commerce College, 4th Best Arts College and 5th Best Science College. In **The Week- HANSA Best College Survey 2015**, the College was ranked as 36<sup>th</sup> Best Commerce College at all India Level and ranked 6<sup>th</sup> Commerce College in Bangalore. **Best College in South India-** 9<sup>th</sup> Higher Education Summit & National Excellence Award [February 17, 2016] awarded by Union Minister of State for HRD

#### Vision

'Light and Prosperity': To provide intellectual and moral leadership by igniting the minds of youth to realize their potential and make positive contributions leading to prosperity of the society and the nation at large.

#### Mission

'Kristu Jayanti College strives to provide educational opportunities to all aspiring youth to excel in life by nurturing academic excellence, fostering values, creating civic responsibility and building global competencies in a dynamic environment



#### **AUDIT PARTICIPANTS**

# On behalf of Kristu Jayanti College (Autonomous)

| Sl.No | Name                   | Designation                                                           |  |
|-------|------------------------|-----------------------------------------------------------------------|--|
| 1.    | Rev. Fr. Josekutty P D | Principal                                                             |  |
| 2.    | Rev. Fr. Som Zacharias | Director- Infrastructure Development                                  |  |
| 3.    | Dr. Calistus Jude      | Dean, Faculty of Sciences                                             |  |
| 4.    | Mr. Thomas Abraham     | Environment Club Staff Coordinator                                    |  |
| 5.    | Dr. Shalini Prabhu     | Environment Club Staff<br>Coordinator                                 |  |
| 6.    | Dr. M. Sonia Angeline  | Environment Club Staff<br>Member                                      |  |
| 7.    | Ms. Jerushah Emerald   | VI Semester B.Sc. Biotechnology Student Coordinator, Environment Club |  |
| 8.    | Ms. Nidhi Prakash      | VI Semester B.Sc. Microbiology Student Coordinator, Environment Club  |  |
| 9.    | Ms. Jalit Thomas       | Office Superintendent                                                 |  |
| 10.   | Mr. Joby               | Electrical Supervisor                                                 |  |
| 11.   | Mr. Binu               | Campus Greenery Supervisor                                            |  |

# Audit was conducted on behalf of International Institute of Waste Management:

| Name         | Position           |  |
|--------------|--------------------|--|
| P. Bineesha  | Executive Director |  |
| Arpitha .M.V | Co- Auditor        |  |



#### AREAS OF IMPROVEMENTS

The Green Audit suggests the following:

- An Environment Policy or Green Policy to be prepared by the college and to be adopted by the College.
- Metering of Water from bore well and other sources in different uses are not available, hence it is recommended to install meters.
- Waste Management should be improved.
- Segregation at source and preliminary treatment and disposal of waste like composting to be undertaken
- Storage of chemicals like; acids, lubricants, oils, paints, gums, resins, etc. in designated place and safety/warning signs should be displayed.
- Waste Management plan should be prepared for the campus.
- Internal inspection system should be developed for various equipment's available in campus.
- Environmental drills for response against spillage and leakage of chemicals in the campus
- Plastic usage can be reduced in the college campus.
- The monthly inventory of e-waste is required to be maintained in formats on regular basis.



### **GREEN AUDIT QUESTIONNAIRE & RESPONSES**

### General Questions about the organisation

The areas of eco/environmental/green auditing to be followed/practiced by participating institutions: Waste Minimization and Recycling, Greening, Water Conservation, Environmental Legislations, General Practices

Was there any Environmental Audit conducted earlier?

No, this is first time a systematic way of monitoring the environmental eminence is taken up by College for environment protection.

### What is the total permanent population of the Institute?

| Particulars                                | No. of people |  |
|--------------------------------------------|---------------|--|
| Total student strength (UG & PG)           | 3549          |  |
| Day Scholars                               | 2709          |  |
| Residential students                       | 840           |  |
| Floating population                        | 21            |  |
| Total teaching faculty members             | 130           |  |
| Management and support staff               | 35            |  |
| Total sanctioned (approved) student intake | 2190          |  |
| Total built-up area                        | 23510 Sq.m    |  |

#### Where is the campus located?

Kristu Jayanti College (Autonomous) is located in K Narayanapura, Kothanur PO, Bangalore-560077, Karnataka, India

### Which of the following are available in your institute?

| 1_ | Garden area                 | Available |
|----|-----------------------------|-----------|
| 2  | Play ground                 | Available |
| 3  | Kitchen                     | Available |
| 4  | Toilets                     | Available |
| 5  | Garbage Or Waste Store Yard | Available |
| 6  | Laboratory                  | Available |
| 7  | Canteen                     | Available |
| 8  | Guest House                 | Available |



#### 1. Waste Minimization and Recycling

a. Does your institute generate any waste

Yes, Solid waste food waste, paper, plastic waste, garden waste.

- a. If so, what are they? What is the approximate amount of each type of waste per day?
  - a. Bio degradable waste Not quantified
  - b. Non-Biodegradable waste Not quantified
  - c. Hazardous Waste Not quantified
  - d. Others Garden waste

b. Do you use recycled paper in institute?

Yes

c. Do you use reused paper in institute?

Yes

- d. How would you spread the message of resource recycling to others in the community? Not done in locality
- e. Have you taken any initiatives for resource conservation? If yes, please specify.

  For Paper Recycling, MoU is signed between KJC and ITC. Enclosed copy of MoU (Annexure I)
- f. Can you achieve zero garbage in your institute? If yes, how?

  Not yet achieved. Possible through waste management plan.

#### 2. GREENERY

| Is there a garden in your institute?                             | Yes, about 2329 Sq. Meter areas is green cover                                             |                |
|------------------------------------------------------------------|--------------------------------------------------------------------------------------------|----------------|
| Do students spend time in the garden?                            | 2-4 Hours per day                                                                          |                |
| Total number of Plants in Campus                                 | Plant type                                                                                 | Approx. number |
|                                                                  | Trees                                                                                      | 300            |
| Suggest plants for your campus. (Trees, vegetables, herbs, etc.) | Ashoka, Ficus religiosa, Bouganvellia, Aloe vera and many more as per geographical regime. |                |
| Number of Tree Plantation Drives organized                       | Yes, Two Tree Plantation Drives are                                                        |                |



| by School per annum. (If Any)                         | Organized Annually. 500 trees and 250                                                |
|-------------------------------------------------------|--------------------------------------------------------------------------------------|
|                                                       | shrubs planted in this academic year                                                 |
| Number of Trees Planted in Last Academic year         | 500                                                                                  |
| Survival Rate                                         | 75%                                                                                  |
| Plant Distribution Program for Students and Community | Yes, Saplings are distributed to students and visitors at various occasions. Besides |
|                                                       | this, landscape of some area in the neighbourhood are                                |
|                                                       | developed by the college. (photographs attached)                                     |
| Plant Ownership Program                               | Various trees are planted and owned by                                               |
|                                                       | visitors as well as students. The Name plates are also displayed near the plants.    |

### 2. WATER CONSERVATION

Water shortage is rampant during summer season. Tanker water is purchased for regular use. There are four borewells in the campus.

Rainwater harvesting structure is a highlight of the campus

There are no water meters installed in the campus

There are no water conservation measures like pressurized taps or sensors

No treated water usage or recycling of water practiced in the campus



# 3. Environmental Compliance

| Are you aware of any environmental Laws                                                               | Yes                                                        |
|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------|
| pertaining to different aspects of environmental management?                                          |                                                            |
| Does your institute have any rules to protect the environment? List possible rules you could include. | No                                                         |
| Did the college conduct Environmental Ambient Air Quality Monitoring?                                 | No                                                         |
| Does the college conduct Environmental Water and Wastewater Quality monitoring?                       | Yes, environment and water monitoring is being carried out |
| Is any warning notice, letter issued by state government bodies?                                      | No                                                         |
| Does the college generate any Hazardous waste ? If yes explain its category and disposal method       | No                                                         |



#### Conclusion

This audit involved extensive consultation with the campus team, interactions with key personnel on wide range of issues related to Environmental aspects. Kristu Jayanti College (Autonomous) has Institutional Green Committee for sustainable use of resources. Overall, 30% of College campus is for landscaping. The audit has identified several observations for making the campus premise more environmentally friendly. The recommendations are also mentioned with observations for the college campus team to initiate actions. The audit team opinions that the overall site is maintained in a neat and clean way. There are few major observations to initiate urgently are waste management in terms of treatment and disposal.



# **ANNEXURE**



# ANNEXURE 1. CAMPUS DETAILS

| CAMI US                                    | DETAILS        |
|--------------------------------------------|----------------|
| Total student strength                     | 3549           |
| Day Scholars                               | 2709           |
| Residential students                       | 840            |
| Floating population                        | 21             |
| Total teaching faculty members             | 130            |
| Management and support staff               | 15             |
| Total sanctioned (approved) student intake |                |
| Total built-up area                        |                |
|                                            |                |
| RO Plant                                   | 500lph+250lph  |
| Rain water harvest installed Y/N           | Y              |
| Rain water harvest capacity                | 2500000 litres |
| STP installed Y/N                          | N              |
| STP capacity                               | N              |
| Recycling of paper                         | Y MoU with ITC |
| Waste recycling                            | Y              |
| Sensor based water taps Y/N                | N              |
| Sprinkler/Drip irrigation Y/N              | Y              |
| Compost pit Y/N                            | Y              |
| Vermicompost pit Y/N                       | N              |
| Biogas plant Y/N                           | N              |
| Green area (Sq.ft.)                        | 2329           |
| No:of trees                                | 200            |
| No: of medicinal plant species             | 59             |
|                                            |                |



### ANNEXURE 2.

# BEYOND THE CAMPUS ENVIRONMENTAL PROMOTIONAL ACTIVITIES

2015 - 2016



| Date                           | Name of the activity                                | Organising Unit                 | Theme                                                      | Academic<br>Year |
|--------------------------------|-----------------------------------------------------|---------------------------------|------------------------------------------------------------|------------------|
| 11/07/2015                     | Van Mahotsav                                        | Centre for Social Activities    | Tree Plantation                                            | 2015 - 2016      |
| 15/08/2015                     | Visit to Orphanage                                  | Centre for Social<br>Activities | Community participation and service                        | 2015 - 2016      |
| 23/11/2015<br>to<br>28/11/2015 | Vikas Kendra                                        | Centre for Social<br>Activities | Educate children                                           | 2015 - 2016      |
| 10/12/2015<br>to<br>13/12/2015 | Rural Exposure Camp                                 | Centre for Social<br>Activities | Socio-Economic and<br>Cultural<br>conditions of rural life | 2015 - 2016      |
| 21/06/2015                     | The International<br>Yoga Day                       | Centre for Social<br>Activities | Awareness<br>Programme                                     | 2015 - 2016      |
| 25 &<br>26 /02/2016            | Workshop on Exploring dimensions of social cohesion | Centre for Social Activities    | "Beyond Tolerance towards Acceptance:                      | 2015 - 2016      |
| 09-12-2015                     | To create<br>awareness about<br>Dengue              | Centre for Social<br>Activities | Dengue Awareness<br>Campaign                               | 2015 - 2016      |
| 30/7/2015 to<br>3/8/2015       | To create<br>awareness about<br>Dengue              | NSS                             | Dengue Awareness<br>Campaign                               | 2015 - 2016      |
| 15/08/2015                     | Visit to Home of Hope                               | NSS                             | Community participation and service                        | 2015 - 2016      |
| 27/02/2016<br>to<br>28/02/2016 | Awareness Campaign                                  | NSS                             | Leprosy Disease<br>Awareness Campaign                      | 2015 - 2016      |
| 03/12/2016                     | Training for Youth                                  | NSS                             | Extra-curricular activities                                | 2015 - 2016      |
| 17/12/15                       | Awareness Campaign                                  | NSS                             | Road Safety                                                | 2015 - 2016      |





2015-2016

### Van Mahotsav - 2015

Trees are the life source of the planet, its alarming decrease has raised a serious concern, in order to combat this issue a movement was initiated in the year 1950 by India's then Union Minister for Agriculture, Kulapati Dr. K M Munshi.

"If a tree is saved at a cost of one's head, it's worth it", said the noted activist Amrita Devi Bishoni. Centre for Social Activities celebrated Van Mahotsav on 11th July 2015, at Primary Health Centre, Bagalur. CSA volunteers assembled at 9.30a.m and were divided into groups of five. The groups planted saplings and nourished the planted saplings, under the guidance and supervision of CSA staff coordinators Mr. Manjunath S Gowda & Mr. Ragavendra Babu. Van Mahotsava was not only an event to plant tree & saplings, it rather turned out to be a great & splendid event, it nourished the relationship among the students to work as a team for the betterment of society and environment.

This program created awareness among the students and emphasized on the importance of growing trees.







2015-2016

# Visit to Infant Jesus Home on Independence Day

On 15<sup>th</sup> August 2015 volunteers of Centre for Social Activities visited Government Primary School, K. Narayanapura and Infant Jesus Home to invoke a true sense of community belonging though community participation and service at the local level, which would be patriotic activity in the truest sense.

Volunteers performed cultural activities and conducted games for inmates of home. Members of CSA actively interacted with children and donated grocery like sugar, dhal and oil worth of Rs 11500. At the end sweets were given to children.







2015-2016

### Vikas Kendra (Tuition Program) Report

Centre for social activities of Kristu Jayanti College organised Vikas Kendra, a tuition Program for primary school children in Narayanapura and Kothanur government primary school from 23<sup>rd</sup> -28<sup>th</sup> November 2015 between 10 am – 2 Pm. The main objective of the program is to educate children in related to health, creativity, knowledge, computer literacy and environmental issues. The CSA volunteers of our college participated and conducted the program. The students whole heartedly conduct the program in both schools and children of both schools actively participated and learned lot of things from the program. The program went on well continuously for one week without missing the classes in the college. The list of students those who participated in the program are enclosed with. From the above program both students who participated to conduct the program as well as children from both the schools (Narayanapura and Kothanur government schools) are benefited. The participants learned and improved their presentation and communication skills from the program. The program mainly focused on "Swachaabharat" and "Make in India" to educate the children to contribute for the success of Prime Minister Narendra Modi's development projects for the growth and development of the economy and country at large.

#### **COMPUTER LITERACY PROGRAMME**



23-28 NOV 2015





**CSA Staff Coordinator** 





2015-2016

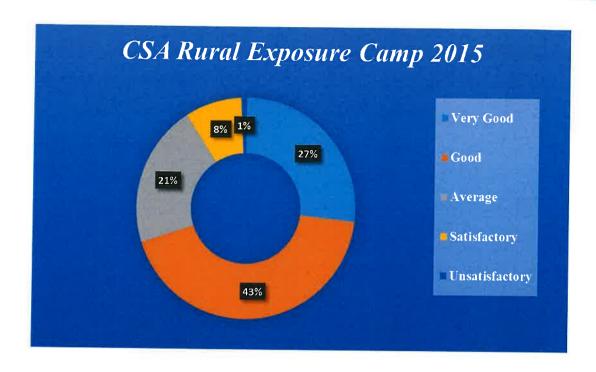
### Report on CSA Camp

Centre for Social Activities of Kristu Jayanti College had organised Rural Exposure Camp from 10<sup>th</sup> to 13<sup>th</sup> Decmber, 2015 at E-Thimsandra, Shiddalagatta taluk, Chikkaballapura dist. The objective of the camp was to enable students understand the Socio-Economic and Cultural conditions of rural life and to help students integrate essential value for life.

The camp was inaugurated by Mr.Srikantha, Judge, JMFC court, Shiddalagatta. Legal awareness program was conducted by Mr.Papireddy, Lawyers association president, Shiddalagatta taluk. Various programs were conducted by volunteers like Swachh Bharath, Life Skills and sports to government school students and dengue campaign to villagers. Socio-economic survey the current rural life style. Team building activities was organized in order to develop inter-personal relationships among volunteers. On 12<sup>th</sup> Dec, Fr. Josekutty P D, the Principal and Fr. Lijo P Thomas, Financial administrator accompanied by Dr. shreedhar P D and Mr. Manjunath S visited the camp site and appreciated the volunteers for their dedication, commitment and working selflessly for the greater good. Dr.Venkatachalapathy, associate professor, Dept. of Agronomy, of GKVK College addressed villagers about Dry irrigation where farmers gained knowledge on the practical approach on cultivation through dry irrigation.

On 13<sup>th</sup> of Dec, a Valedictory ceremony was held to appreciate the students who won in sports and also to thank the villagers for their constant support. This camp not only helped in development of the village and its people but also inculcated the spirit of team work, honesty and hard work among the Jayantians.





### Schedule

### <u>Thursday - 10.12.15</u>

| 8:00          | Departure              |
|---------------|------------------------|
| 11:00 - 12:00 | Camp Setup             |
| 12:30 - 01:30 | Lunch                  |
| 01:30 - 03:30 | Life Skills            |
| 04:00 - 06:00 | Survey                 |
| 06:00 - 08:00 | Team Building activity |
| 09:00         | Dinner                 |

### Friday – 11.12.15

| 06:30 - 07:00 | Prayer and Yoga  |
|---------------|------------------|
| 07:00 - 09:00 | Swatch Bharat    |
| 09:00 - 10:00 | Breakfast        |
| 10:00 - 01:00 | Life Skills      |
| 01:00 - 02:00 | Lunch            |
| 02:00 - 04:00 | Dengue Campaign  |
| 04:00 - 04:30 | Snacks break     |
| 04:30 - 06:00 | Legal Awareness  |
| 06:00 - 08:00 | Cultural program |
| 09:00         | Dinner           |



#### Saturday – 12.12.15

| 07:00 - 08:00 | Prayer and Yoga           |  |
|---------------|---------------------------|--|
| 08:00 - 08:30 | Breakfast                 |  |
| 08:30 - 12:00 | Farm Visit                |  |
| 12:00 - 01:00 | Lunch                     |  |
| 01:00 - 03:00 | Team Building activity    |  |
| 03:00 - 05:00 | Session on Dry Irrigation |  |
| 05:00 - 05:30 | Snacks break              |  |
| 06:00 - 08:00 | Cultural program          |  |
| 08:00 - 09:00 | Dinner                    |  |
| 09:00 - 10:00 | Camp fire                 |  |

#### Sunday -13.12.15

| 06:30 - 07:30 | Prayer and Yoga |  |
|---------------|-----------------|--|
| 08:30 - 09:00 | Break fast      |  |
| 09:00         | Valedictory     |  |

#### The events are as follows:

- 1. Swatch Bharath: This was the first event that was being held in the camp, where all the CSA volunteers including the faculty coordinators cleaned the entire surrounding of village, the villagers were also inspired by this and helped us in cleaning. This brought a very good change in the minds of the villagers as well as our volunteers. Volunteers really worked hard and completed the event.
- 2. Farm visit: Organized the farm visit which help of local villager and to the volunteers as well. They came to know the importance of planting trees and the uses of it. Our volunteers did a great job here too.
- 3.Games for school children: games and fun were conducted in the village for the school children, the school children actively participated in all the games that were conducted by the volunteers, they were given prizes it seemed to be very beneficial for the school children's as they gained some knowledge about sports and participation. Though it was a hot sunny day our volunteers didn't give up their will power and courage and made this event to be a successful one.
- 4. Survey: this was also an important event in the camp that was held in evening by our student coordinators and the volunteers. The villagers also actively participated and told their details. This was very useful for us because, we came to know the literacy rates their and the problems that villagers were facing.



- 5. Rangoli: this was also conducted by our volunteers and the faculty co-ordinators, the women and young girls actively participated in this competition and they were rewarded with prizes later.
- 6. Cultural programme: this was conducted by our faculty and student coordinators, volunteers. We gave some performances there to the villagers
- 7. Awareness on farming: the resource person with his own interest explained about the safety to the villagers which really gave knowledge about the farming to the villagers and the volunteers as well.
- 8. Dengue campaign: this campaign was organized by volunteers, to give knowledge on social responsibilities and there health, were school students also join hands with the volunteers to make the campaign successful
- 9. Life skills: it was skill development class for the school children's to develop on their life and social responsibilities'







Prinicipal interacting with volunteers in CSA Rural Exposure Camp 2015.









Session on Dry Farm Irrigation CSA Camp 2015





#### 2015-2016

### The International Yoga Day

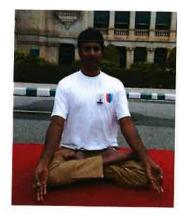
The International Yoga Day was celebrated on 21st June 2015 by Centre for Social Activities in Kanteerava stadium. The program was inaugurated by Honourable Chief Minister of Karnataka. volunteers participated in the program to bring peace, harmony, happiness and success to every soul in the world. This was a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be carried every day. Students got the chance to know how yoga embodies unity of mind and body. Different yoga postures like Vrikshasana, Uttaanaasana, Trikonaasana, Bhadrasana, Shashankaasana, Bhujangasana, Pawana Muktaasana, finally ended with Pranayama and meditation. Prayers were recited before and after the programme. Heartfelt thanks to our Prime Minister, Mr.Narendra Modi for giving an opportunity to celebrate the International Yoga Day. CSA staff co-ordinators accompanied volunteers.

Date: 21/06/2015

Place: Bengaluru

CSA team

Manjunath S Chandrashekar.N Ragavendra Babu J









#### 2015-2016

### St. Joseph's College Workshop

Volunteers of Centre for Social Activities participated in two day workshop on "Beyond Tolerance towards Acceptance: Exploring dimensions of social cohesion" organized by CSA of SJCC and CARE on 25<sup>th</sup> & 26<sup>th</sup> February, 2016 at St. Joseph's College of Commerce Bangalore.

The program started with inauguration and socialization. The organizer Fr. Daniel Fernandez S.J (Principal SJCC), Prof. Prakash (staff co-ordinate CAS, R Manohar (Executive Director CARE) and participants from different college were present. Ten volunteers of CSA from Kristu Jayanti College participated. Two day workshop witnessed various session

#### Session 1- Understanding intolerance:-

Situation issues and Open house discussion

### Session 2- Understanding intolerance and our role in combating:-

• A Documentary and Open house discussion

#### Session 3- Tolerance:-

A paradox of our institution and Open house and winding up

#### Session 4- Panel discussion

 Vulnerability of minorities, Women, Children, Dalit's, Elimination of intolerance, Have laws policies and institutions helped? and Open house



### Session 5- Group work

• Painting, Slogans, Collage, Skit, Preparation of action plan

### Session 6- Plenary

• Presentation of action plans and Open house

#### Valedictory

Presentation of report and Distribution of certificates

Workshop on Exploring dimensions of social cohesion 25-26/02/2016





**CSA Staff Coordinator** 





2015-2016

### Awareness campaign on Dengue

The awareness campaign on dengue fever and the mosquito control measures was organized by BBMP on 12<sup>th</sup> September 2015 at Banaswadi. The CSA volunteers of Kristu Jayanti College actively took part in an awareness campaign. The rally was flagged off by the Mr. KJ George, Home Minister, Government of Karnataka. Handbills carrying information on the symptoms of dengue fever, prevention measures and mosquito control was distributed through the health workers and students.

The volunteers were successful in spreading awareness about the growing habitats of dengue around. People were informed about the preventive measures and were encouraged to adopt repellant methods to fight against such viral diseases.

CSA volunteers were accompanied by Mr. Manjunath S and Mrs Preethi -CSA coordinators.







2015-2016

### **Dengue Awareness Program**

Venue: Kristu Jayanti College, K.Narayanapura, Nagenahalli, Geddalahalli, Byrathi, Kothanur

Date: 30/07/2015 - 03/08/2015

Resource Persons: Doctors of Primary Health Centre, K. Narayanapura

Theme: Health and Hygiene

The five-day Dengue Awareness Program from Thursday, July 30, 2015 to Monday, August 3, 2015 was conducted by the NSS unit of KristuJayanti College. The students were accompanied by the staff coordinators. This awareness program was conducted in the neighborhood villages which includes Narayanpura, Geddalahalli, Nagenahalli, Kothanur and Byrathi.





The doctors from a government hospital also accompanied the students in this program. They explained the public about the Aedis Mosquito and showed them the "Larva" which emerges from the egg of Aedis Mosquito.

Students visited each house and especially slum areas and created awareness among lots of People who were unaware of these Dengue situations and also informed them about the Dengue fever, its severe effects and how to tackle these situations in an easy simplified manner so that they could remain safe.

The campaign included more than 400 students from the NSS unit and around 100 houses were covered each day. This program has reached about 3000 people. A survey was also done by the students to count the no. of tanks present at each house and whether larva was found in those tanks or that they were clean.

Apart from this they also found lot of open dirty water channels outside many houses where water got accumulated. Peoplealso complained that BBMP was really slow in taking steps to close those channels. There were also cases where people just blamed BBMP where they could have easily taken some decisions in the area to keep their roads and those open water channels clean.



The program conducted by the NSS team members was really appreciated by the Local people. The Program was headed by the NSS Program officer Mr. Shreedhar Pd., Mr. Prathap, Mr. Nayazpasha, MR. Vinod, Ms. Kalyani and Ms. Priya.







#### 2015-2016

# **Independence Day Celebration-Visit to Home Of Hope**

Venue: Kristu Jayanti College And In NGO Home of Hope"

**Date: August 15, 2015** 

Theme: Civic Responsibilities





On the eve of Independence Day (August 15), the NSS unit of Kristu Jayanti College visited an old age home "Home of hope" near Doddagubbi Village .A huge donation of 23,000 was collected from the college and lots of medicines, food items, groceries were purchased and distributed among the people of the old age home. "Home of hope "is a place founded by T. Raja in 1998. The place is built with an objective of rescuing and rehabilitating the deserted and the dying people from the streets. The Home of Hope is where the future of the homeless lies. Raja started this home with compassion and faith as his only investment and lot of people from the world came forward and helped him in the initiative.

The NSS Program officer Dr. Shreedhar Pd., Mr. Prathap, Mr. Nayaz Pasha, Mr. Vinod, Ms. Kalyani and, Ms. Priya joined the student in the initiative. Students danced, enjoyed and had interaction with the people and were really excited and emotional to see the happiness on their faces. On asking one student how he felt, he said in an emotional tone "the place is just amazing, there are more than 250 people here and most of them are from streets. I extend my heartfelt thanks to the NSS unit that I could really feel the Independence with these people".







#### 2015-2016

### Leprosy Disease Awareness Campaign

Date: 27/02/2016-28/02/2016

Venue: Narayanpura, Tanisandra, Nagenahalli

Theme: Health And Hygiene

The two-day Leprosy disease Awareness campaign was organized by NSS unit of KristuJayanti College on 27/2/16 and 28/02/2016. This students along with the support of the staff coordiantors organized this campaign in the neighborhood (Narayanpura, ,Nagenahalli, and Tanisandra).

The nearby government hospital doctors also took the initiative to go around with students and explain them about the Leprosy disease which is also known as "Hansen's disease" It is a chronic infection caused by the bacteria Mycobacterium leprae and Mycobacterium lepromatosis.

Students went to each house and especially slum areas and created awareness among lots of People who were unaware of these leprosy situations and also informed them about the leprosy causes, its severe effects and how to tackle these situations in an easy simplified manner so that they could remain safe. Volunteers explained and gave information about the disease how it spreads which are the most effective places how can one be safe from this disease, what are the symptoms of the leprosy and also told the precautionary measures that have to be taken.



The campaign included around 400 volunteers and around 300 houses were covered each day and the campaign covered around 3000 people. A survey was also done by the students to count the no. of members present at each house and whether the people where effected by leprosy or not.

Volunteers clarified the people doubts regarding leprosy treatment that leprosy is curable with treatment known as Multidrug therapy (MDT) This initiative was really appreciated by the Local people. The Program was headed by the NSS Program officer Dr. Sreedhar PD., Mr. Prathap, Mr. Nayazpasha, Mr. Vinod, Ms. Kalyani and Ms. Priya.



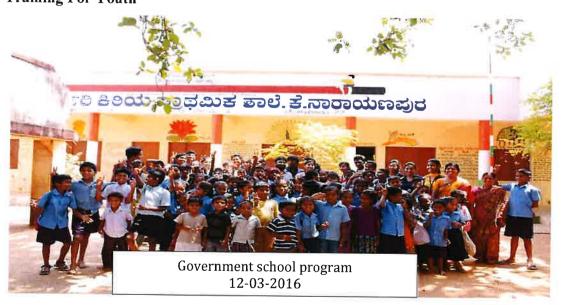


2015-2016

### **Report On Government School Program**

Date: 12/03/2016

Venue: K. Narayanapura Theme: Training For Youth





NSS volunteers accompanied by Dr. Shreedhar P.D and Mr. Nayaz Pasha from the college reached out to the nearby K. Narayanpura government school to empower and motivate the young kids with interactive activities like Karaoke Program, drawing competitions, Kabaddi, and many other activities. The school teachers also participated in certain activities to show their support to the program. T 100 children were present in the school. The volunteers also helped in serving food to the kids which was provided by an NGO Akshay Patra Foundation to the school.







2015-2016

### **Road Safety Awareness Program**

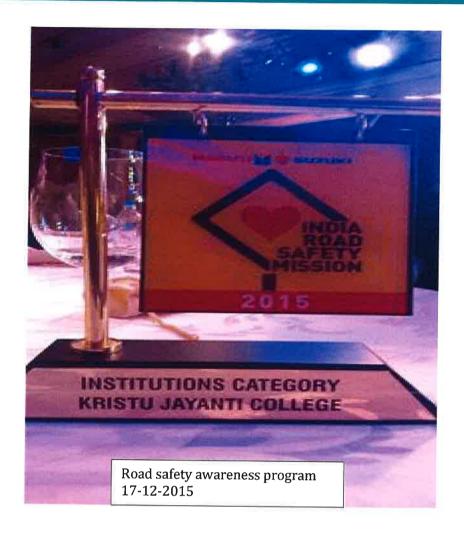
Date: 17/12/15

Venue: Kristu Jayanti College

**Theme: Civic Sense** 

The Road Safety Campaign was conducted by the NSS Unit on 17<sup>th</sup> December 2015.All college students took oath in the college quadrangle to follow rules and regulations of road safety. Times now Channel was also present to cover the event. The poster presentation was also organized by the NSS unit in Mini Audi 1 to make the student aware of the different signs and the bad effects of not following road safety. A bike rally was also organized by the volunteers to promote road safety in the near area of Narayanpura. The college was announced as 'National winner of Maruti Suzuki India Road Safety Mission Award 2015 [Institutions category] for contributing towards road safety awareness.





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**CSA Staff Coordinator**