

**FACULTY OF  
HUMANITIES**

**M.Sc. Psychology**

**Programme Educational Objectives**

PEO1: To impart advanced knowledge and professional skills in domains of Psychology.

PEO2: To provide research skills with professional ethics and human values.

**Programme Outcome**

After the successful completion of the two year M.Sc. Psychology Programme, the graduate will be able to:

PO1: Demonstrate professional skills for global employability, human behavioral development and lifelong learning.

**Programme Specific Outcomes**

After the successful completion of the two year M.Sc. Psychology Programme, the graduate will be able to:

PSO1: Apply theoretical frameworks of Psychology to domains of human behavior.

PSO2: Demonstrate professional ethics and the potential for independent research, entrepreneurial ventures, human and societal development.

## Programme Matrix: Master of Science- Psychology [2019 Batch]

### I Semester

Course Type	Course Code	Course Title	Course Outcomes
DSCC	MPS204B11	<b>Theoretical Foundations of Behavior</b>	<ol style="list-style-type: none"> <li>1. Evaluate the factors influencing learning, personality, and intelligence</li> <li>2. Critically evaluate aspect of personality formation from a psychodynamic and trait approach perspective</li> <li>3. Appraise the importance of positive, conscious, and overt behaviours in personality structure and learning</li> <li>4. Justify the role of cognitive processes in learning new behaviours</li> </ol>
DSCC	MPS204B12	<b>Cognitive Neuroscience I</b>	<ol style="list-style-type: none"> <li>1. Analyse the relationship between brain and human behaviour and evaluate the structural, functional, and neuronal techniques of studying brain</li> <li>2. Classify the regions of the Central Nervous System (CNS) and justify the roles of CNS</li> <li>3. Review the role of cognitive and neurological process involved in attention, sensation, perception, memory, and emotion</li> <li>4. Apply the cognitive concepts in branches of Psychology such as attention, sensation, perception, memory, and emotion</li> <li>5. Analyse the structural and functional areas of brain and its relation to the theories in attention, sensation, perception, memory and emotion</li> </ol>
DSCC	MPS204B13	<b>Social and Community Psychology</b>	<ol style="list-style-type: none"> <li>1. Analyse social elements, community interactions, origin and impact on the individual behaviour</li> <li>2. Review the intrapersonal processes like attribution, schemas, and attitudes leading to formation of social learning</li> <li>3. Relate to the social influences and prosocial behaviours that empower individual in nurture and maintain the interpersonal relationships</li> <li>4. Distinguish aggression and crime, evaluate the consequences, and review the role of a psychologist to overcome a crime</li> </ol>
DSCC	MPY204B14	<b>Research Methods in Behavioral Sciences</b>	<ol style="list-style-type: none"> <li>1. Build research aptitude and instil skills for executing ethical research projects</li> <li>2. Create and evaluate appropriate research designs for the study</li> <li>3. Formulate the research method based on variables of the study</li> <li>4. Construct psychometric tools and standardize considering ethical principles</li> <li>5. Examine and review methods involved in research and draft a report based on current American Psychological Association (APA) formatting</li> </ol>
DSCL	MPS2L3B11	<b>Computer Applications in Behavioral Sciences Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate and apply the procedures for using Microsoft Word, Excel and PowerPoint and Statistical Package for Social Sciences (SPSS)</li> <li>2. Derive statistical inferences using SPSS output</li> <li>3. Preparing and structuring a Manuscript using the current APA formatting</li> <li>4. Execute and build projects essential in Psychological setting</li> </ol>
DSCL	MPS2L3B12	<b>Computer Based Cognitive Neuroscience Assessments Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate the procedures relating to computer and paper-pencil based assessment, in the areas of Cognitive Neuroscience</li> </ol>

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			<ol style="list-style-type: none"><li>2. Develop a comprehensive report on the assessed cognitive domains</li><li>3. Assess the need and prepare a plan for cognitive assessments for adults</li></ol>
<b>DSCP</b>	<b>MPS2P2B11</b>	<b>Minor Project</b>	<ol style="list-style-type: none"><li>1. Identify the underlying problems and conduct an appropriate research study</li><li>2. Report and defend the findings of the research in the current APA formatting</li></ol>

## Programme Matrix: Master of Science- Psychology [2019 Batch]

### II Semester

Course Type	Course Code	Course Title	Course Outcome
DSCC	MPS204B21	<b>Cognitive Neuroscience II</b>	<ol style="list-style-type: none"> <li>1. Appraise the theories and break-down the brain areas related to Language</li> <li>2. Examine the role of brain in reasoning and problem solving</li> <li>3. Justify the neuroscientific processes that foster cognitive control and decision-making skills</li> <li>4. Review the neurobiological aspects of Social Cognition</li> <li>5. Investigate the anatomical structures of consciousness and free will and reconcile the understanding of consciousness and free will through Physics</li> </ol>
DSCC	MPS204B22	<b>Life Span Psychology</b>	<ol style="list-style-type: none"> <li>1. Review the biopsychosocial processes of human development</li> <li>2. Rationalize the need for research methods and research techniques used in developmental psychology</li> <li>3. Relate the process of conception and mechanism of heredity</li> <li>4. Evaluate and apply the physical, cognitive, psychosocial, and emotional development across lifespan</li> <li>5. Appraise the different psychological and spiritual aspects of dying</li> </ol>
DSCC	MPS204B23	<b>Statistics in Psychology</b>	<ol style="list-style-type: none"> <li>1. Analyse and interpret data using descriptive statistics</li> <li>2. Formulate and test hypothesis using z and t tests</li> <li>3. Develop skills to apply a statistic to test the hypotheses</li> <li>4. Justify the application of appropriate statistical test to answer a research question</li> <li>5. Analyse results using hypothesis testing techniques</li> </ol>
DSCC	MPS204B24	<b>Applied Fields in Psychology</b>	<ol style="list-style-type: none"> <li>1. Devise and apply the principles of anxiety, personality, and motivation to enhance the sports performance</li> <li>2. Create environmental awareness, impact, and inculcate environmentally sustainable habits</li> <li>3. Apply the principles of psychology in the hospital set-ups to enhance the psychological well-being</li> <li>4. Relate to principles of leadership, morale, fatigue, separation, and hardiness in military context</li> <li>5. Implement aspects of confession, eye-witness testimony, and individual testimony in legal jurisprudence and investigative settings</li> </ol>
DSCL	MPS2L3B21	<b>Memory, Thinking and Learning Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment, in the areas of memory, thinking, and learning</li> <li>2. Develop a comprehensive report on cognitive domains including memory, thinking, and learning</li> <li>3. Assess the need and prepare a plan for cognitive assessments for adults</li> </ol>
DSCL	MPS2L3B22	<b>Personality Assessment Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment, in the Projective and Objective Personality domains</li> <li>2. Develop a comprehensive report for different personality assessments</li> <li>3. Assess the need and prepare a plan for assessing individuals' personality</li> </ol>
SEC	MPS402B21	<b>Rehabilitation Psychology</b>	<ol style="list-style-type: none"> <li>1. Evaluate the need for rehabilitation, nature of rehabilitation center and the scope of rehabilitation psychologists</li> <li>2. Assess and build intervention strategies for individuals with Visual disabilities, Hearing and speech disabilities, Locomotor disabilities, Cerebral Palsy, Mental Illness, and Multiple disabilities</li> <li>3. Review the role of NGO's and appraise the training programs for professionals in the field</li> </ol>
Any ONE	NCC C	MRP5R2A01	<b>Research Paper Presentation/ Publication</b>

# Programme Matrix: Master of Science- Psychology [2019 Batch]

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## Programme Matrix: Master of Science- Psychology [2019 Batch]

### III Semester

Course Type		Course Code	Course Title	Course Outcome	
DSCC		MPS204B31	<b>Positive and Indigenous Psychology</b>	<ol style="list-style-type: none"> <li>1. Evaluate the eastern and western perspectives in the context of positive psychology</li> <li>2. Relate the experience of positive emotions and subjective well-being</li> <li>3. Practice aspects of mindfulness to enhance experience, self-efficacy, and improve relationships</li> <li>4. Analyze human behaviour such as empathy, altruism, and love</li> <li>5. Develop coping mechanisms through self-based approaches such as uniqueness seeking, positive self, and coping strategies</li> </ol>	
Elective Groups [Any ONE to be opted]	Clinical Psychology	DSEC	MPSA04A31	<b>Clinical Psychology I</b>	<ol style="list-style-type: none"> <li>1. Evaluate the framework of clinical psychology and utilize the dynamics of therapist-patient relationship</li> <li>2. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for neurodevelopmental disorders</li> <li>3. Apply and conceptualize psychological principles derived from diagnosis for schizophrenia spectrum and mood related disorder</li> <li>4. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for anxiety spectrum disorders</li> <li>5. Practice in consonance with ethical principles and laws related to mental health in practice</li> </ol>
		DSEC	MPSA04A32	<b>Psychotherapeutics I</b>	<ol style="list-style-type: none"> <li>1. Critically evaluate the process of psychotherapy as well as the basics of legal and ethical practice</li> <li>2. Formulate a case based on psychodynamic perspective and design a treatment plan</li> <li>3. Apply the concepts of humanistic approaches to improve the well-being of an individual</li> <li>4. Evaluate cases according to beck's cognitive model and appraise the cognitive behaviour intervention</li> <li>5. Design a treatment plan for a child, utilizing the principles of behavioural theories</li> <li>6. Review the new body of knowledge emerging in the field of psychotherapy</li> </ol>
		DSEL	MPSAL3A31	<b>Assessment of Cognitive Abilities Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment, including the areas of neuropsychological and intelligence testing</li> <li>2. Develop a comprehensive report on cognitive domains including neuropsychology and intelligence</li> <li>3. Assess the need and prepare a plan for cognitive assessments for adults</li> </ol>
		DSEL	MPSAL3A32	<b>Screening Test for Children Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment, including the areas of neuropsychological, intelligence, personality, and behavioural testing for children</li> <li>2. Develop a comprehensive report in cognitive, personality, and behavioural domains</li> <li>3. Assess the need and prepare a plan for screening tests for children</li> </ol>
		DSEC	MPSS04A31	<b>Human Resource Psychology</b>	<ol style="list-style-type: none"> <li>1. Examine the role of human resources in organizational management and planning</li> <li>2. Analyse the different processes leading to employment and techniques in training</li> </ol>

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Industrial Psychology and HRM				<ul style="list-style-type: none"> <li>methodology</li> <li>3. Quantify the need for performance appraisal and design techniques for appraisal</li> <li>4. Appraise the different factors involved in salary administration and incentives</li> <li>5. Design intervention for behavioural issues that impacts the industry</li> </ul>
	<b>DSEC</b>	<b>MPSB04A31</b>	<b>Human Resource Management</b>	<ul style="list-style-type: none"> <li>1. Assess HR profile of specific industry from psychological perspective</li> <li>2. Design and practice psychology-based recruitment and induction procedures</li> <li>3. Design industry specific PMS systems and plan appropriate career progression and reward systems</li> <li>4. Organize differential compensation management system to foster organizational excellence</li> <li>5. Manage organizational culture and organization design issues appropriately</li> </ul>
	<b>DSEC</b>	<b>MPSB04A32</b>	<b>Human Resource Development</b>	<ul style="list-style-type: none"> <li>1. Apply HRD processes in the organization and make HRD into a profit center</li> <li>2. Foster continuous learning and employee branding through learning management systems</li> <li>3. Create organizational cultural matrix to foster individual and group excellence</li> <li>4. Use and deploy psychological testing and group assessment procedures for organizational excellence</li> <li>5. Design and develop od practices for continuous organizational leadership and excellence</li> </ul>
	<b>DSEL</b>	<b>MPSBL3A31</b>	<b>Human Resource Assessment Practical</b>	<ul style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment, including the areas of aptitude, intelligence, and behavioural testing</li> <li>2. Develop a comprehensive report on cognitive, personality, and behavioural domains relevant to industrial setting</li> <li>3. Assess the need and prepare a plan for assessing the human resource in an organization</li> </ul>
	<b>DSEL</b>	<b>MPSBL3A32</b>	<b>Organizational Behaviour Profiling Practical</b>	<ul style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment in the areas of individual and group emotional perceptions and disposition towards organization</li> <li>2. Develop a comprehensive report in emotional perceptions and disposition towards organization</li> <li>3. Assess the need and prepare a plan for creating an appropriate organization-based profile</li> </ul>
	<b>DSEC</b>	<b>MPST04A31</b>	<b>Psychopathology</b>	<ul style="list-style-type: none"> <li>1. Evaluate the broad framework of psychopathology and utilize the different classificatory systems in use</li> <li>2. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for neurodevelopmental disorders and mood disorder</li> <li>3. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for anxiety disorders</li> <li>4. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for stress and substance related disorder</li> <li>5. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for personality disorder and paraphillia</li> </ul>

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Counselling Psychology	DSEC	MPSC04A31	<b>Fundamentals of Counselling Psychology</b>	<ol style="list-style-type: none"> <li>1. Appraise the historical development of counselling, the status of counselling in India and the current trends</li> <li>2. Comprehend the processes involved in counselling</li> <li>3. Utilize the micro skills required to conduct a successful counselling session</li> <li>4. Evaluate models in counselling with emphasis on the processes that are important</li> <li>5. Realize the issues related to group and individual counselling</li> </ol>
	DSEC	MPSC04A32	<b>Theories of Counselling and Psychotherapy</b>	<ol style="list-style-type: none"> <li>1. Appraise the theories of Psychoanalysis, Psychodynamic, Behavioural, Existential, Humanistic, Cognitive and Postmodern approach involved in counselling</li> <li>2. Assess the goals of Psychoanalysis, Psychodynamic, Behavioural, Existential, Humanistic, Cognitive and Post modern approach</li> <li>3. Argue the use of specific use of techniques derived from Psychoanalysis, Psychodynamic, Behavioural, Existential, Humanistic, Cognitive and Post modern approach</li> <li>4. Critically evaluate the strengths and weakness of Psychoanalysis, Psychodynamic, Behavioural, Existential, Humanistic, Cognitive and Post modern approach</li> <li>5. Formulate the case using the appropriate intervention formulation</li> </ol>
	DSEL	MPSC04A31	<b>Cognitive and Aptitude Assessment Practical</b>	<ol style="list-style-type: none"> <li>1. Demonstrate the procedures relating to psychological assessment, including the areas of neuropsychological, intelligence and general mental abilities for Children and Adults</li> <li>2. Develop a comprehensive report in cognitive domain</li> <li>3. Assess the need and prepare a plan for cognitive assessments for children and adults</li> </ol>
	DSEL	MPSC04A32	<b>Individual and Group Techniques of Counselling Practical</b>	<ol style="list-style-type: none"> <li>1. demonstrate the procedures relating to individual and group counselling skills for children and adults</li> <li>2. develop a comprehensive counselling report</li> <li>3. assess the need and prepare a plan for utilizing the necessary individual and group counselling skills for children and adults</li> </ol>

## Programme Matrix: Master of Science- Psychology [2019 Batch]

### IV Semester

Course Type		Course Code	Course Title	Course Outcomes	
DSCC		MPS204A41	<b>Alternative Psychotherapeutics</b>	<ol style="list-style-type: none"> <li>1. Break down the underpinnings of alternative and complementary healing practice with an emphasis on an illness's etiology and curative factors</li> <li>2. Appraise the different art-based therapies to enhance the well-being of an individual</li> <li>3. Integrate different forms of human energy for healing and evaluate factors affecting the mind such as stress, anxiety, anger, mood, and addiction</li> <li>4. Formulate a plan to utilize the alternative healing practices in daily life</li> </ol>	
DSEP		MPS2P6A41	<b>Research Oriented Practical and Dissertation</b>	<ol style="list-style-type: none"> <li>1. Discover the need for research and analyse the existing literature for gaps in research</li> <li>2. Design and execute methods involved in research and develop practical skills</li> <li>3. Examine quantitative and qualitative data for analysis</li> <li>4. Report and defend the findings of the research in the current APA formatting</li> </ol>	
DSEI		MPS2I4A41	<b>Internship</b>	<ol style="list-style-type: none"> <li>1. Integrate theoretical and practical skills required in/for institutional and industrial setting</li> <li>2. Comply with organizational requirements and work demands</li> <li>3. Demonstrate ability to integrate work with learning</li> <li>4. Construct a comprehensive report based on their experiential learning</li> </ol>	
Elective groups [Any one to be opted]	Clinical Psychology	DSEC	MPSA04A41	<b>Clinical Psychology II</b>	<ol style="list-style-type: none"> <li>1. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for dissociative, somatic symptom and eating disorder</li> <li>2. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for substance related disorder</li> <li>3. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for sleep wake disorder</li> <li>4. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for personality disorders, paraphilia, motor disorder/ emotional, and behavioural disorders</li> <li>5. Apply and conceptualize psychological principles derived from understanding of psychopathology including clinical feature, aetiology, and psychosocial treatments for childhood anxiety, feeding, eating and elimination disorders</li> </ol>
		DSEC	MPSA04A42	<b>Psychotherapeutics II</b>	<ol style="list-style-type: none"> <li>1. Analyse and utilize the theoretical models, basic techniques, and assessments in family therapy</li> <li>2. Review the concepts, goals, and assessments in systems and structural family therapy</li> <li>3. Investigate the situations where cognitive behavioural family therapy will be more effective</li> <li>4. Formulate a treatment plan of a family using concepts of strategic and solution focused therapies</li> <li>5. Analyse the process and techniques used in psychoanalytic, experiential and narrative</li> </ol>

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					family therapy
Industrial Psychology and HRM	DSEC	MPSB04A41	<b>Organizational Behavior</b>	<ol style="list-style-type: none"> <li>1. Breakdown organizations and related behaviours</li> <li>2. Apply psychological constructs to understand individual behaviours and develop appropriate interventions</li> <li>3. Analyse group behaviours and evolve appropriate organizational HR procedures</li> <li>4. Appraise organizational structures and leadership styles for fostering organizational excellence</li> <li>5. Review customer orientation, organizational profitability, and competitiveness</li> </ol>	
	DSEC	MPSB04A42	<b>Industrial Relations and Labor law</b>	<ol style="list-style-type: none"> <li>1. Explain industrial relations and its importance</li> <li>2. Analyse collective bargaining and employee relation mechanism</li> <li>3. Quantify labour relations based statutory compliance</li> <li>4. Evolve rules and regulations for administering a disciplinary system</li> </ol>	
Counselling Psychology	DSEC	MPSC04A41	<b>Group and Family Counselling</b>	<ol style="list-style-type: none"> <li>1. value the types of groups in counselling, ethical issues involved in group counselling, and the competence of a group counsellor</li> <li>2. relate to the processes and skills involved in group counselling</li> <li>3. evaluate the theories of group counselling and justify the use of techniques in accordance to the need of the group</li> <li>4. catalogue the stages involved in the development of group counselling</li> <li>5. evaluate the models and theories of Family counselling</li> </ol>	
	DSEC	MPSC04A42	<b>Applied Areas of Counselling</b>	<ol style="list-style-type: none"> <li>1. report on the strategies, techniques involved in counselling children and adolescents</li> <li>2. evaluate the role of a career counsellor in school setting and formulate a plan to assess and conduct a career counselling session</li> <li>3. analyse the models of trauma and stress counselling and utilize the intervention to reduce the experience of the traumatic incident in the individuals life</li> <li>4. appraise the models, need, and impact of having a workplace counsellor</li> <li>5. create a plan to utilize individual and group counselling models to help individuals diagnosed with substance use disorder</li> </ol>	