

CHIEF PATRONS

Fr. Dr. Augustine George CMI
Vice Chancellor

PATRONS

Fr. Dr. Lijo P Thomas CMI

Pro Vice Chancellor

Fr. Som Zacharia CMI

Director, Infrastructure Planning and Development

Fr. Emmanuel PJ CMI

Director, Kristu Jayanti College of Law

Fr. Dr. Jais V Thomas CMI

Finance Officer In Charge

Fr. Joshy Mathew CMI

Chief Human Resource Officer and Director,
School of Humanities and Social Sciences

Fr. Dr. Marialal Joseph

Director, Research & Development

Fr. Deepu Joy CMI

Director, Student Welfare Office

CHAIR PERSON

Dr. Gopakumar AV

Dean, Faculty of Humanities

CHIEF CONVENER

Dr. Sruthi Sivaraman

Head, Department of Psychology

Contact Us

CONVENER

Dr. Deepthi Vijayan

deepthi@kristujayanti.com

7899372258

CO- CONVENERS

Dr. Diganta Baishya

Assistant Professor

Department of Psychology KJU

diganta.b@kristujayanti.com

9635616026

Ms Sandra

sandra@kristujayanti.com

8590111361

Note: Scholars and Students must present their College or University ID cards at the time of registration. Only unpublished original papers of high quality will be selected for publication in a Scopus-indexed journal / conference proceeding. Publication details will be communicated to the author(s) of the selected paper. Registration fee includes Lunch, Conference kit, and refreshments. No TA/DA will be provided to the participants. Paid accommodation for outstation participants could be arranged on prior request.

Kristu Jayanti (Deemed to be University)

K. Narayanapura, Kothanur P.O., Bengaluru,
Karnataka - 560 077. Tel: 080-68737777, Fax: 080-68737799

www.kristujayanti.edu.in



Asia Pacific School Psychology Association (APSPA)

Web: www.apspa.in Email: apspa2019@gmail.com

ADVISORS

Prof. William "Bill" Pfohl, ISPA, USA

Tan Sri Prof. T. Marimuthu, Malaysia

Prof. Véronique Le Mézec, ISPA, France

Coosje Griffiths, ISPA, Western Australia

Dr. A. Baheerathan, AEDU, London

Prof. B. Mukhopadhyay, InSPA, India

INTERNATIONAL GOVERNING COUNCIL

International President

Prof. Panch. Ramalingam

Pondicherry University, India

International Vice-Presidents

Dr. Parvathy Varma

Assumption University of Thailand, Bangkok

Prof. Dr. Md. Kamal Uddin

University of Dhaka, Bangladesh

International Secretary

Dr. D. Rajendran, Chennai

International Joint Secretaries

Prof. T. Santhanam,

SDS Academy, Chennai

Dr. Zahir Ahmed,

Northwest Normal University, China

Treasurer

T. Ganesan, Malaysia



KRISTU JAYANTI
(DEEMED TO BE UNIVERSITY)
Under Section 3 of UGC Act 1956
A CMI INSTITUTION | BENGALURU | INDIA



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES DEPARTMENT OF PSYCHOLOGY

In Collaboration with

The Asia Pacific School Psychology Association (APSPA)

Organises

INSIGHT 2026

9th APSPA

International Conference

on

SAFE AND FRIENDLY SCHOOLS IN THE ASIA PACIFIC REGION

26th and 27th February, 2026



ABOUT THE UNIVERSITY

Kristu Jayanti College, founded in 1999, is managed by the Bodhi Niketan Trust, formed by the members of St. Joseph Province of the Carmelites of Mary Immaculate (CMI). The college has been a beacon of academic excellence, value-based education, and societal commitment. In recognition of its sustained pursuit of quality and innovation, the institution was conferred the status of Deemed to be University under Section 3 of the UGC Act, 1956, by the Ministry of Education, Government of India, on July 8, 2025. Reaccredited with an 'A++' grade by NAAC in its third cycle in 2021, the institution was ranked 60th in the NIRF 2024 rankings among the top 100 colleges in India. The School of Management is internationally accredited by ACBSP, USA. The college also received DBT Star College status under the strengthening component and was awarded first prize at the national level for the 'Clean and Smart Campus Award'.

Department of Psychology Established in 2002, the Department of Psychology at Kristu Jayanti University offers comprehensive training in clinical assessments, counselling, and HR evaluations. Students gain hands-on experience through supervised fieldwork in hospitals, old age homes, and special schools, focusing on individual and community well-being. The department emphasizes practical skills in psychotherapeutics and alternative healing methods, preparing students for meaningful careers. It was recently honoured with the prestigious InSPA Educational Excellence Award for outstanding contributions in school counselling. The department maintains affiliations with leading national and international professional organizations, enriching academic exposure and enhancing career opportunities. These partnerships keep students and faculty aligned with current psychological research, practices, and global standards in the field.

THE ASIA PACIFIC SCHOOL PSYCHOLOGY ASSOCIATION (APSPA)

The Asia Pacific School Psychology Association (APSPA) is a regional entity committed to advancing the practice and evolution of school psychology in the Asia-Pacific region. By strengthening the roles of school psychologists, it seeks to improve children and teenagers; academic achievement and psychological well-being. Among psychologists, educators, and related professionals, APSPA promotes professional cooperation, research, and knowledge exchange. To promote the sharing of best practices and ideas, it hosts publications, workshops, and conferences. In order to guarantee that psychological services are available, culturally appropriate, and efficient in educational environments, the association also seeks to influence mental health and educational policies.

ABOUT THE CONFERENCE

INSIGHT 2026: The International Conference on Safe and Friendly Schools in the Asia Pacific Region is a regional forum dedicated to promoting inclusive, safe, and nurturing learning environments. It brings together educators, policymakers, researchers, and child rights advocates to share evidence-based strategies to prevent violence, bullying, and discrimination in schools. The conference fosters collaboration among regional stakeholders to develop and implement effective policies and programmes. INSIGHT 2026 aims to enhance the well-being, safety, and holistic development of learners while encouraging diversity, inclusivity, and shared responsibility in creating welcoming school environments across the Asia Pacific region.

SUBTHEMES OF THE CONFERENCE

1. Equity, Diversity, and Inclusion in Educational Settings
2. Academic Achievement, Mental Health, and Student Wellbeing
3. Innovations in Teaching and Learning
4. Educational Psychology in Practice
5. Child and Adolescent Behavioral and Emotional Challenges in Schools
6. Learning Difficulties and Neurodevelopmental Disorders
7. Supporting Children with Special Educational Needs (SEN)
8. Bullying and Peer Victimization in School

9. Substance Use and Addictive Behaviors Among School-Aged Youth
10. Cross-Cultural, Socioeconomic, and Global Perspectives in Education
11. Education Policy and Legal Protections for Children's Rights
12. Gender Identity, Expression, and Development in Educational Contexts
13. Parenting, Family Dynamics, and Educational Outcomes
14. Teacher Wellbeing, Burnout, and Mental Health Support
15. Teacher Attitudes and Beliefs Toward Diverse Learners

CALL FOR PAPERS

We invite original and unpublished papers for presentation on the above-mentioned theme from Research scholars, Academicians, Students and Working professionals.

GUIDELINES FOR PAPER SUBMISSION

- Completed manuscripts are required to be submitted as per APA 7th Edition format.
- The submission should spell out the theme of the research, the theoretical framework, the method used, and its contribution to the field.
- Full name of the author(s), current designation, affiliation and e-mail id.
- Abstracts must not exceed 250 words.
- A full paper should consist of a minimum of 2,500 words and a maximum of 4,000 words including references.
- Soft copy of the abstract and full paper may be sent as an e-mail attachment to: insight@kristujayanti.com
- Participation/Presentation of the paper should be confirmed on or before 30th January 2026, by sending the completed registration form, and the registration fee.
- All joint participants must register and be present (online or offline) for the paper to be considered as a part of the conference and for publication.
- Certificates will be issued only after the valedictory ceremony.
- Selected papers presented in the conference may be considered for publication in a journal (Scopus indexed) and proceeding after due review process.

CONFERENCE DATES

Submission of Abstracts : January 30, 2026

Acceptance Notification : within 5 working days of abstract receipt

Full paper Submission : February 10, 2026

Registration & Payment of Fee : January 30th, 2026

Conference Dates : 26 & 27 February, 2026

The registration fees (inclusive of GST) will be as follows:

- | | |
|-------------------------------------|---|
| i. APSPA Members: Rs.2000 | ii. Non-Members: Rs.2500 |
| iii. Scholars and students: Rs.1000 | iv. Online presentation/participation: Rs.800 |