

Organising Team

CHIEF PATRONS

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Professor and Head of Clinical Neuropsychology
and Cognitive Psychology Unit, NIMHANS.

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Vice Principal & CFO

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Director, Kristu Jayanti College of Law

Fr. Jais V Thomas CMI

Financial Administrator

Fr. Joshy Mathew CMI

Director, Library and Information Centre

Fr. Deepu Joy CMI

Director, Student Welfare Office

Advisory Committee

Prof. Girishwar Misra

Former Vice Chancellor, Mahatma Gandhi
Antarrashtriya Hindi Vishwavidyalaya, Wardha
(Maharashtra), Former Head & Professor, Dept
of Psychology, University of Delhi

Prof. Kalpana Srivastava

Professor & Director
Amity Institute of Behavioural (Health) &
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CHAIRPERSON

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Kristu Jayanti College
AUTONOMOUS Bengaluru
Reaccredited A++ Grade by NAAC | Affiliated to Bengaluru North University



Department of Psychology

in collaboration with

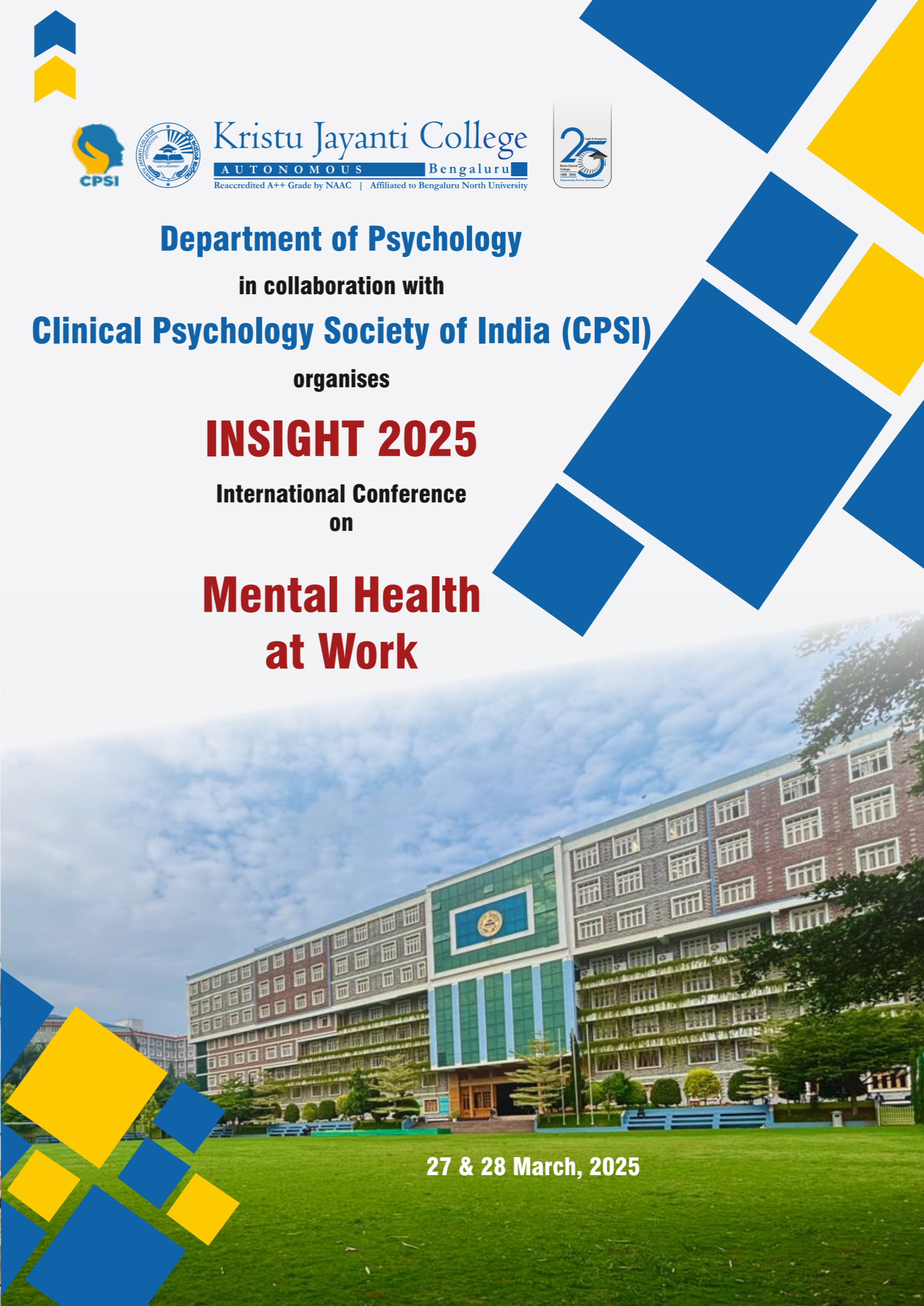
Clinical Psychology Society of India (CPSI)

organises

INSIGHT 2025

International Conference
on

Mental Health at Work



27 & 28 March, 2025

About the College

Kristu Jayanti College, founded in 1999, is managed by "BODHI NIKETAN TRUST", formed by the members of St. Joseph Province of the Carmelites of Mary Immaculate (CMI). The institution strives to fulfill its mission to provide educational opportunities for all aspiring young people to excel in life by developing academic excellence, fostering values, creating civic responsibility, inculcating environmental concern and building global competencies in a dynamic environment. The College is affiliated with Bengaluru North University and was reaccredited with a Grade 'A++' in 2021 by NAAC in the Third Cycle of Accreditation. The college is recognized by UGC under the category 2(f) & 12(B). The College has been accorded Autonomous Status since 2013 by the University Grants Commission, the Government of Karnataka & Bangalore University. In the NIRF 2024, Our college has been ranked 60th place in the top 100 colleges in the country.

Department of Psychology

The Department of Psychology underpins the pursuit of excellence by adopting a rigorous scientific approach to theory, research and practice. The Department prepares students for their careers by imparting in-depth knowledge, critical thinking, research inquiry, and skills in publication and orients towards various fields of psychology and develops sensitivity to psychological dynamics for better individual and societal well-being. The Department of Psychology offers 4 Undergraduate Programmes and 3 Postgraduate Programmes in M.Sc. in Psychology, Counselling Psychology and Clinical Psychology. To inculcate experiential learning, the department has a well-equipped Psychology Lab which is periodically modernized and has strong tie-ups with Hospitals, NGOs and Industries for Internships.

Clinical Psychology Society of India

The Clinical Psychology Society of India (CPSI) is a registered body representing Clinical Psychology and its practitioners across the country. Committed to promoting excellence and ethical practices, CPSI aims to advance the science, education, and application of Clinical Psychology in the community. It seeks to uphold the highest standards while addressing present and future mental health challenges. CPSI envisions becoming a national leader in innovative mental health care. Its mission includes establishing evidence-based standards, collaborating with governments, enhancing education and training, fostering global partnerships, advancing research, addressing societal issues like disaster management, and promoting mental health literacy to combat stigma.

About the Conference

The conference on Mental Health at Work provides a platform for academics, researchers, professionals, and policymakers to explore the critical dimensions of mental health in workplace environments. With a focus on evidence-based strategies, innovative interventions, and inclusive practices, the conference seeks to foster meaningful discussions and collaborations that contribute to healthier, more productive workplaces. The conference aims to advance the understanding and practice of mental health in workplace settings, promoting employee well-being, organizational success, and societal impact.

Subthemes of the Conference

- Mental health & armed forces
- Combat fatigue, coping strategies and emotional well being
- Trauma-informed workplaces
- Meeting psychological needs at work
- Enhancing quality of work life
- Therapeutic interventions in modern work places
- Mental health post-retirement
- Nurturing career aspirations in a changing world
- Psychology of remote work culture
- Uncertainty of tenure in workplace

- Workplace stress and burnout
- Mental health policy and organisational culture
- Technology and mental health at work
- Diversity, equity, and inclusion in workplace
- Mindfulness and resilience training in the workplace
- Leadership and mental health
- Economic implications of workplace mental health
- Intersection of physical and mental health in the workplace
- Future of work and evolving mental health needs
- Entrepreneurship and mental resilience

Call for Papers

We invite original and unpublished papers for presentation on the above-mentioned theme from Academicians, Research scholars, Students and Working professionals.

Guidelines for Paper Submission

- Completed manuscripts are required to be submitted as per APA 7th Edition format.
- The submission should spell out the theme of the research, the theoretical framework, the method used, and its contribution to the field.
- Full name of the author(s), current designation, affiliation and e-mail id.
- Abstracts must not exceed 250 words.
- A full paper should consist of a minimum of 2,500 words and a maximum of 4,000 words including references.
- Soft copy of the abstract and full paper may be sent as an e-mail attachment to: insight@kristujayanti.com
- Participation/Presentation of the paper should be confirmed on or before 22nd March 2025, by sending the completed registration form, and the registration fee.
- All joint participants must register and be present (online or offline) for the paper to be considered as a part of the conference and for publication.
- Certificates will be issued only after the valedictory ceremony.
- Selected papers presented in the conference may be considered for publication in a journal (Scopus indexed) and proceeding after due review process.

Conference Dates

Submission of Abstracts	: January 30, 2025
Acceptance Notification	: within 5 working days of abstract receipt
Full paper Submission	: February 28, 2025
Registration & Payment of Fee	: March 15, 2025
Conference Dates	: 27 & 28 March, 2025

Registration Fee (Inclusive of GST)

I) CPSI Members	:Rs. 2000
ii) Non Members	:Rs. 2500
iii) Scholars and Students	:Rs. 1000
iv) Online Participation/ Presentation	:Rs. 800



Scan here For Registration

<https://portal.kristujayanti.edu.in/event-international-conference-insight-2025-mental-health-at-work>

Note: Scholars and Students must present their College or University ID cards at the time of registration. Only unpublished original papers of high quality will be selected for publication in a Scopus-indexed journal / conference proceeding. Publication details will be communicated to the author(s) of the selected paper. Registration fee includes Lunch, Conference kit, and refreshments. No TA/DA will be provided to the participants. Paid accommodation for outstation participants could be arranged on prior request.