



KRISTU JAYANTI
(DEEMED TO BE UNIVERSITY)
Under Section 3 of UGC Act 1956
A CMI INSTITUTION | BENGALURU | INDIA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL WORK

Organises

National Conference

On

**Fostering Family Resilience:
From Prevention to Empowerment**

27th & 28th October 2025



KRISTU JAYANTI (Deemed to be University)

Kristu Jayanti College (founded in 1999), managed by Bodhi Niketan Trust of the Carmelites of Mary Immaculate (CMI), is committed to academic excellence, value-based education, civic responsibility, environmental concern, and global competencies. The institution has been conferred the prestigious status of Deemed to be University under Section 3 of the UGC Act, 1956, by the Ministry of Education on July 8, 2025. The institution was reaccredited with 'A++' grade by NAAC in 2021 (Third Cycle) and ranked 60th in NIRF 2024 among the top 100 colleges in India. A majority of schools and departments of the college have been recognised by accreditation bodies across the country including: the School of Management programmes accredited by ACBSP, USA; DBT Star College Status award (Department of Biotechnology, Govt. of India); National-level 'Clean and Smart Campus Award' by the Ministry of Education, Govt. Of India. At the national level the institution has been ranked 4th in BCA, 12th in MSW, 20th in BBA, 21st in Commerce & Arts, 26th in Mass Communication, 28th in Science, while at the state level it is 2nd in MSW, 3rd in BCA & Commerce, 4th in Arts & Science, 5th in Mass Communication, 6th in BBA.

Department of Social Work

The Department of Social Work at Kristu Jayanti College, established in 2003, is committed to a skill-oriented, value-based approach rooted in social justice and human rights. Through a dynamic blend of theory, practice, research, and experiential learning, students are equipped with professional competence and a strong ethical foundation. The department emphasizes field practicum, expert lectures, and collaborations with civil society organizations, enabling students to engage with real-world social challenges and secure placements in government, NGO, and private sectors. Supported by dedicated faculty actively involved in research and consultancy on critical social issues such as violence against children, youth mental health, CSR, and life skills. The department offers Master's in Social Work (MSW) with specializations in Social Development, Psychiatric Social Work and Human Resource Management. The department nurtures holistic growth, welcoming students from diverse backgrounds to become responsible social workers and agents of progressive change.

About the conference

Families, today, face many internal and external challenges that impact the development of children and adult family members. Family resilience is a concept by which families meet these challenges in a positive and adaptive manner. Understanding how resilience is developed and fostered within the family context can play a central role in the development of effective interventions as well as help strengthen families when life stressors disrupt family functioning. Interventions that strengthen family resilience can provide families with skills for enduring challenging situations as well as preparing families for handling similar situations in the future.

Families comprise the primary context for a child's development. As the composition of the family system continues to change, the adult caregivers' role has become increasingly important in fostering healthy developmental trajectories for their children. Family relationships and interaction styles are central to developing competence and promoting adaptive educational, social, emotional, and behavioral functioning. Families give children an informal education which is a prerequisite to successful experiences in the classroom. Whereas the school environment sets up developmental tasks for students, the family serves as an important resource for the acquisition of these developmental tasks. The concept of "resilience in families" refers to the ability of the family to respond to stress and challenge in a positive and adaptive manner, characterized by the demonstration of competence and confidence among its members, with the intentional goal of socializing children. It includes concomitant attention to the development of resilience in its individuals, while at the same time embracing the resilience of the entire family system. It is further conceptualized along a continuum. Families are not necessarily "resilient"; rather, they demonstrate varying degrees of resilience in response to different stressors and may be more or less capable of adapting depending on unique situations and their consequences. Fostering family resilience, or the ability of families to successfully adapt and thrive in the face of adversity, plays a crucial role in achieving many of the Sustainable Development Goals (SDGs).

Key sub-themes of the conference

Participants are invited to submit original research papers under the following themes:

- Teachers and Parents as Partners (TAPP)
- Financial and Economic Security
- Family and Caregivers Support
- Person Centred Support and Services
- Mental Health and Wellbeing
- Family Approach and Social Inclusion
- Cultural and Societal Perception
- Working Towards Reunification
- Research And Development
- Education and Self-Empowerment
- Social Work Intervention
- Family-Centered Services
- Promoting Resilience in Families

Submission Guidelines

Completed manuscripts are required to be submitted as per APA 7th Edition. The submission should spell out the theme of the research, the theoretical framework, the method used, and the contribution to the field.

- Full name of the author(s) e-mail id, designation, and department.
- Abstracts must not exceed 250 words.
- Full papers with a minimum word limit of 2,500 and the maximum word limit of 4,000 words.
- Full papers must not exceed 10 minutes in delivery (Presentation).

A soft copy of the abstract and full paper should be sent as an e-mail attachment to: socialwork@kristujayanti.com
All participants must register and be present in person for the paper presentation to be considered as a part of the conference.

Certificates will be issued only after the conference.

Publication details will be intimated

Important Dates

- Abstract Submission: 10th October 2025
- Notification of Abstract Acceptance 15th October 2025
- Full Paper Submission: 20st October 2025
- Conference Dates: 27th and 28th October 2025

Registration

Students:

Participation - **Rs. 600/-**

Presentation - **Rs. 800/-**

Academicians and other Professionals:

Participation - **Rs. 800/-**

Presentation - **Rs. 1000/-**



<https://portal.kristujayanti.edu.in/register-national-conference-on-fostering-family-resilience-from-prevention-to-empowerment>

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