



Centre for Research & Development

Research Supervisor (Guide) Profiles

Discipline of Supervision: **Management**



Dr. Anandraj J

Assistant Professor
Institute of Management
School of Business & Management

Areas of Specialisation:

Human Resource Management, Organisational Behaviour,
Leadership, Industrial Psychology and Mental Health

Dr. Anandraj J is a researcher specializing in leadership, organisational psychology, human development, and mental health, with a strong focus on how institutional environments and evolving work structures influence individual well-being. His doctoral research examined leadership frameworks and their impact on self-esteem and developmental outcomes among adolescents in educational institutions. His current research extends to emerging work environments, exploring how factors such as working hours, leadership practices, and the growth of gig-based employment affect mental health, well-being, and quality of life. He critically engages with issues impacting vulnerable and transitioning populations, including youth, students, and gig workers navigating increasingly dynamic and flexible labour systems. He has contributed to Scopus-indexed publications addressing areas such as mental health accessibility among tribal adolescents, the role of leadership in psychosocial development, and technology-enabled educational equity. His research also intersects with emerging paradigms such as human-centric Industry 6.0 and sustainable leadership. A recipient of international Best Research Paper Awards, he is currently leading a funded research project on faculty leadership styles and student development. His work is driven by a commitment to socially relevant, interdisciplinary research that bridges theory, practice, and policy impact.

Selected Publications:

- J. Anandraj.** (2026). Mental Health Service Availability for Tribal Adolescents in Northeast India: Asian Journal of Human Services, 30(1), n/a. <https://doi.org/10.14391/ajhs.e3001.2.002>
- Anandraj, J.,** Vetrivelan, D., Berkmans, J., & Murugan, G. (2025). Implications of Full Range Leadership on Teenagers' Self-Esteem: The Role of Salesian Institutions in Higher Education. In *Studies in Systems, Decision and Control* (pp. 1055–1064). Springer Nature Switzerland. https://doi.org/10.1007/978-3-031-96530-2_93
- J. Anandraj.** (2024). Transforming Education with Industry 6.0: A Human-Centric Approach. *International Journal of Computational and Experimental Science and Engineering*, 10(4). <https://doi.org/10.22399/ijcesen.732>