

Programme Matrix: Master of Science- Psychology [2018 Batch]

M.Sc. Psychology

Program Outcomes

After the successful completion of the two year M.Sc. Psychology programme, graduates will be able to:

PO1. Develop sensitivity to psychological dynamics for better individual and societal wellbeing.

Program Specific Outcome

PSO1. Comprehend and apply broad theoretical frameworks of Psychology to domains of behaviour in various settings.

PSO2. Create goal-directed practices and experiences in a unified scientific context, to contribute towards research.

Programme Educational Objectives

PEO1. To prepare students for their career by imparting in-depth knowledge, critical thinking and skills in various fields of Psychology.

PEO2. To impart quality research and develop skills with hands-on-experience in research and experiential learning.

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I Semester

| Course Type | Course Code | Course Title | |
|-------------|-------------|---|---|
| DSCC | MPS204A11 | Cognitive Psychology | <ul style="list-style-type: none"> • Relate body and mind • Practical application of the cognitive concepts in various branches of Psychology. • Reasoning ability and problem solving skills in different dimensions of work. • Deeper understanding of the different assessment techniques involved in each of the cognitive abilities |
| DSCC | MPS204A12 | Biopsychology | <ul style="list-style-type: none"> • Acquire knowledge about the influence of biological processes on behavior. • Compare and analyze the relationship of chemical and electrical correlates on behavior. • Differentiate types of Bio psychological disorders |
| DSCC | MPS204A13 | Research Methods in Psychology | <ul style="list-style-type: none"> • Critical thinking to analyse and evaluate and interpret variables, and apply to individual, social, and cultural issues. • Construct psychometric tools and validate considering ethical principles involved in developing a tool. • Develop skills and apply |
| DSCC | MPS204A14 | Indian Psychology | <ul style="list-style-type: none"> • Compare and contrast the western and non-western perspectives of Psychology • Explore and understand the totality of human consciousness and personality. • Unify the personal, interpersonal, and transpersonal dimensions of human experience to achieve wholeness of personality. • Develop integrity and multicultural harmony, and collective transformation. |
| DSCL | MPS2L3A11 | Perception and Psychophysics Practical | |
| DSCL | MPS2L3A12 | Computer Applications in Psychology Practical | |
| DSCP | MPS2P2A11 | Minor Project | <ul style="list-style-type: none"> • Mastery of practical skills • Mastery in various research methods and process |
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II Semester

| Course Type | Course Code | Course Title | |
|-------------|-------------|--|---|
| DSCC | MPS204A21 | Theories of Personality, Learning and Intelligence | <ul style="list-style-type: none"> • Deeper understanding of the theories related to basic foundation • Apply the different perspectives of a theory in practical situations. • Develop desirable changes self and others |
| DSCC | MPS204A22 | Statistics in Psychology | <ul style="list-style-type: none"> • Enhancing skills to apply a statistics to test the hypotheses. • Develop criteria that can be used to select an appropriate statistical test to answer a research question. • Apply hypothesis testing and evaluate the result. |
| DSCC | MPS204A23 | Health Psychology | <ul style="list-style-type: none"> • Deeper understanding of Psycho- Neuro Immunology. • Applying theoretical concepts into practice. • Adapting well-being being through positivity. |
| DSCC | MPS204A24 | Life Span Psychology | <ul style="list-style-type: none"> • To practically apply the influence of different domains of development. • Effectively use the screening Techniques across Life Span. |
| DSCL | MPS2L3A21 | Memory, Thinking and Learning Practical | |
| DSCL | MPS2L3A22 | Assessment of Personality Practical | |
| SEC | MPY402A21 | Rehabilitation Counselling | <ul style="list-style-type: none"> • Learn and practice the skills • Apply knowledge and skill |
| NCCC | MRC5R2A01 | Research Colloquium | |
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III Semester

| Course Type | | | Course Code | Course Title | |
|---|---------------------|------|-------------|---|--|
| DSCC | | | MPS204A31 | Positive Psychology | <ul style="list-style-type: none">• Apply the positive psychology techniques in daily life.• Plan, implement and assess positive psychology interventions and strategies.• Understand the important role of social, cognitive and emotional factors in influencing the quality of our lives. |
| DSCC | | | MPS204A32 | Social Psychology | <ul style="list-style-type: none">• Understand the theoretical concepts involved in social psychology.• Develop a new perspective towards the society.• Enhance Prosocial Behaviors and positive wellness.• understand the diverse nature of people |
| Elective Groups [Any ONE to be opted] | Clinical Psychology | DSEC | MPSA04A31 | Clinical Psychology I | <ul style="list-style-type: none">• Understanding the framework of Clinical Psychology and learn the dynamics of therapist-patient relationship.• Utilize the Laws related to Mental Health in practice.• Get acquainted with various Child and Adult Psychopathology, their classification, aetiology, and importance of research.• Understand the range of developmental, emotional and behavioural disorders |
| | | DSEC | MPSA04A32 | Psychotherapeutics I | <ul style="list-style-type: none">• Understand the dominant schools of Psychotherapy.• Create a link between theory and intervention.• Understand the personal characteristics of therapist and its impact in psychological intervention.• Get acquainted to various psychotherapeutic models. |
| | | DSEL | MPSAL3A31 | Assessment of Cognitive Abilities Practical | |
| | | DSEL | MPSAL3A32 | Screening Test for Children Practical | |
| | Industrial | DSEC | MPSB04A31 | Human Resource | <ul style="list-style-type: none">• apply the knowledge of Psychological principles in an organisational |

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|-------------|------------------------|-------------|--------------------|--|
| | Psychology and HRM | | Management | setting <ul style="list-style-type: none"> Understand how to recruit appropriate employees, manage employee performance and appraisals. Identify the relevant factors in compensating employees and designing conducive work environments. |
| | | DSEC | MPSB04A32 | Human Resource Development <ul style="list-style-type: none"> Design and develop training programmes at an organizational level. Develop minor OD changes for effective management. Monitor and develop good work conditions. Monitor and develop internal discipline and values based on Counselling and interface. |
| | | DSEL | MPSBL3A31 | Human Resource Assessment Practical |
| | | DSEL | MPSBL3A32 | Organizational Behaviour Profiling Practical |
| | Counselling Psychology | DSEC | MPSC04A31 | Fundamentals of Counselling Psychology <ul style="list-style-type: none"> Comprehend knowledge of various skills, processes involved in Counselling. Competently deal with ethical and legal issues in Counselling. |
| | | DSEC | MPSC04A32 | Theories of Counselling and Psychotherapy <ul style="list-style-type: none"> Apply the knowledge of counseling and psychotherapy techniques to individual cases. Formulate the case using the appropriate intervention formulation. |
| | | DSEL | MPSCCL3A31 | Cognitive and Aptitude Assessment Practical |
| | | DSEL | MPSCCL3A32 | Individual and Group Counselling Techniques Practical |
| | GE | | As per Annexure II | |
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IV Semester

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|---|-----------------------|------|-------------|--|--|
| DSCC | | | MPS204A41 | Alternative Psychotherapeutics | <ul style="list-style-type: none"> Understand the basic underpinnings of the major paradigms of Psychotherapy with an emphasis on proposed mechanisms of both Etiology and curative or change factors. Utilize skills in basic interventions of family therapy based on major theoretical positions. Understand case management strategies and issues in time-limited therapy by promoting skill development. |
| DSEP | | | MPS2P6A41 | Research Oriented Practical and Dissertation | <ul style="list-style-type: none"> Design the research method and learn the practical skills involved in research. deal with quantitative and qualitative data analysis Master the various research methods and process. master the objectivities of research categorize and write a research report |
| DSEI | | | MPS2I4A41 | Internship | <ul style="list-style-type: none"> Develop clinical, counselling and organizational competency. Develop skills for assessing client needs, exploring clinical/organizational issues, enacting timely interventions and skills. Develop decision-making, judgments, setting priorities and develop understanding in the use of psychological assessment. Persistently complete tasks and develop work habits. |
| Elective groups [Any one to be opted] | Clinical Psychology | DSEC | MPSA04A41 | Clinical Psychology II | <ul style="list-style-type: none"> Understand the classification of disorders occurring in adulthood and analyze treatment methods. Evaluate the nature of adult psychopathology and how it differs from normal development. Differentiate various psychopathological disorders. Understand the etiology of disorders using demonstrated cases. |
| | | DSEC | MPSA04A42 | Psychotherapeutics II | <ul style="list-style-type: none"> Learn the foundations, dominant schools and importance in family therapy. Create a link between theory and intervention in the context of family therapy. Evaluate various psychotherapeutic models in family therapy. |
| | Industrial Psychology | DSEC | MPSB04A41 | Organizational Behaviour | <ul style="list-style-type: none"> Understand the individual Behaviour and their impact on organizations. Map individual and group Behaviour in work setting. |

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| | and HRM | | | | <ul style="list-style-type: none"> • Apply individual and group Behaviour, psychological principles in dynamic organizational setting. |
| | | DSEC | MPSB04A42 | Industrial Relations and Labour Law | <ul style="list-style-type: none"> • Practice Employee Relations and work in a team on applied areas of industrial relations. • Apply basic compliance provisions of specific laws pertaining to the organization in HRM areas. • Identify key compliances, statutory reports and returns based on the Organization's profile and ensure timely submission of Reports/returns for compliance in HRM/Designated areas. |
| | Counselling Psychology | DSEC | MPSC04A41 | Group and Family Counselling | <ul style="list-style-type: none"> • Understand of group Counselling process and techniques. • Comprehend various theoretical approaches and cross-cultural perspectives. • master group and family counselling skills |
| | | DSEC | MPSC04A42 | Applied Areas of Counselling | <ul style="list-style-type: none"> • Understand the various strategies of child and adolescence Counselling. • Inculcate values and lifestyles that enhance mental health and wellbeing. • Familiarize different areas and stages, approaches, procedure and techniques of Counselling. |
| | | NCCC | MPY5A2A01 | Psychoeducation and Field work | |
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