

Programme Matrix: Master of Science- Psychological Counselling [2018 Batch]

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I Semester

Course Type	Course Code	Course Title	COURSE OUTCOME
DSCC	MPC204A11	Theories of Counselling	<ul style="list-style-type: none"> Understand the different perspectives of Counseling Psychology. Well equip with the skills involved in counseling. Practical applications of techniques.
DSCC	MPC204A12	Human Development	<ul style="list-style-type: none"> Practically apply the influence of different domains of development. Effectively use the screening Techniques across Life Span.
DSCC	MPC204A13	Foundations of Professional Counselling	<ul style="list-style-type: none"> Conceptualize the importance of setting up a counselling center as a practitioner.
DSCC	MPC204A14	Quantitative Research Methods	<ul style="list-style-type: none"> Critical thinking to evaluate and interpret evidence, and to apply psychological concepts, theories, and research findings to individual, social, and cultural issues. Understand the ethical principles involved in research design.
DSCL	MPC2L4A11	Assessment for Counselling Practical	
DSCL	MPC2L4A12	Computer Applications in Behavioural Sciences Practical	
SEC	MPY402A11	Biological Basis of Behaviour	<ul style="list-style-type: none"> Gain knowledge about the influence of biological processes on behavior and Compare and analyze the relationship of chemical and electrical correlates on behavior.
Total			

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II Semester

Course Type	Course Code	Couse Title	COURSE OUTCOME
DSCC	MPC204A21	Theories of Psychotherapy	<ul style="list-style-type: none"> Understand the dominant schools of psychotherapy. Link between theory and intervention. Understand the personal characteristics of therapist and its impact in psychological intervention.
DSCC	MPC204A22	Psychopathology	<ul style="list-style-type: none"> Differentiate ability of various psychopathological disorders. Understand the causes of disorders using demonstrated cases.
DSCC	MPC204A23	Theoretical foundations of Group Counselling	<ul style="list-style-type: none"> Detailed understanding of group counseling process and techniques. Comprehensive knowledge of various theoretical approaches and cross cultural perspectives.
DSCC	MPC204A24	Qualitative Research Methods	<ul style="list-style-type: none"> Differentiating the methods used in qualitative and quantitative research methods. Students should be able to identify the overall process of designing a research study from its inception to its report. Develop research aptitude.
DSCL	MPC2L4A21	Counselling Skills Practical	<ul style="list-style-type: none">
DSCP	MPC2P2A21	Minor Project	<ul style="list-style-type: none"> Mastery of practical skills. Mastery in various research methods and process.
SEC	MPY402A21	Rehabilitation Counselling	
NCCC	MRC5R2A01	Research Colloquium	
Total			

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III Semester

Course Type	Course Code	Couse Title	COURSE OUTCOME
DSCC	MPC204A31	Psychology of Personality	<ul style="list-style-type: none"> • Differentiate the various dimension of personality involved in human behavior • Understanding of different perspectives involved in personality
DSCC	MPC204A32	Child and Adolescent Counselling	<ul style="list-style-type: none"> • Skills to handle child and adolescent clients. • Understanding different therapeutic approaches to suit children and adolescence • Different assessments used sfecifically for child and adolescence cases
DSCC	MPC204A33	Educational and Career Counselling	<ul style="list-style-type: none"> • Understanding counseling in education and Ability to assess educational needs • Competence to suggest suitable disciplines based on assessment criteria
DSCL	MPC2L4A31	Techniques of individual Counselling	
DSCL	MPC2L4A32	Process of Group Counselling	
GE		As per Annexure II	
Total			

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IV Semester

Course Type	Course Code	Couse Title	COURSE OUTCOME
DSCC	MPC204A41	Alternative Healing Practices	<ul style="list-style-type: none"> • Knowledge of indigenous therapies • Application and methodology • Ability to use basic methods of specific therapies
DSCC	MPC204A42	Couple and Family Therapy	<ul style="list-style-type: none"> • To apply the knowledge of techniques and theories involved in practice of family therapy
DSCC	MPC204A43	Workplace Counselling	<ul style="list-style-type: none"> • Understanding work environment and Factors affecting work place • Impact of factors on individuals
DSCP	MPC2P6A41	Research Oriented Practical and Dissertation	<ul style="list-style-type: none"> • Mastery of practical skills • Mastery in various research methods and process • Develop skill of research and report writing
DSCI	MPC2I4A41	Internship	<ul style="list-style-type: none"> • Develop Counselling skills and competencies for the following abilities. • Ability to adapt to a variety of tasks like assessing client needs, exploring individual /group issues, enacting timely interventions and skills. • Decision-making, judgments, setting priorities and develop understanding in the use of psychological assessment. • Persistence to complete tasks and to develop work habits.
NCCC	MPY5A2A01	Psychoeducation and Field Work	
Total			